

Energy Express

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Beginner
编舞者: Lee Lark (USA)
音乐: Unknown



RIGHT SIDE TRIPLE, ROCK, LEFT SIDE TRIPLE, ROCK

1&2 To the right, step right, left, right
3-4 Rock left behind right, rock forward on right
5&6 To the left, step left, right, left
7-8 Rock right behind left, rock forward on left

FORWARD RIGHT, SCUFF LEFT, FORWARD LEFT, SCUFF RIGHT (TWICE)

9-12 Step right forward, scuff left, step left forward, scuff right
13-16 Step right forward, scuff left, step left forward, scuff right

STOMP RIGHT (TWICE), KICK RIGHT(TWICE), ROCK BACK, FORWARD RIGHT ½ TURN

17-20 Stomp right together, stomp right together, kick right, kick right
21-22 Step right back, forward onto left
23-24 Step right forward, turn ½ to left shoulder - weight on left foot

GRAPEVINE RIGHT, GRAPEVINE LEFT

25-26 Step right foot to right side, cross left foot behind right leg
27-28 Step right foot to right side, scuff left foot
29-30 Step left foot to left side, cross right foot behind left leg
31-32 Step left foot to left side, scuff right foot

TOUCH, CROSS TURN (OPTIONAL JUMP, CROSS TURN)

33 Touch right foot to right side
34 Cross right foot over left leg
35-36 Unwind and hold

37-40 Repeat steps 33-36

REPEAT
