

Endless Peace

COPPER KNOB
BY STEPHEN

拍数: 0 墙数: 0 级数:
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音乐: The End - Groove Coverage



Sequence: A, B, B, B, B, C, A, B, B, B

PART A

RIGHT SIDE SHUFFLE, BACK ROCK, REPLACE, LEFT SIDE SHUFFLE, BACK ROCK, REPLACE

1&2 Step right to right, step left beside right, step right to right
3-4 Rock left behind, replace weight on right
5&6 Step left to left, step right beside left, step left to left
7-8 Rock right behind, replace weight on left

TOE STRUTS, SQUARE BOX

1-2 Touch right to right, step right in place
3-4 Cross touch left over right, step left in place
5-6 Step right to right, step left to left turning $\frac{1}{4}$ left
7-8 Step right to right turning $\frac{1}{4}$ left, step left to left turning $\frac{1}{2}$ left

SIDE ROCK, CROSS, SIDE ROCK, CROSS, BACK SHUFFLE, BACK $\frac{1}{2}$ TURN SHUFFLE

1&2 Rock right to right, replace weight on left, cross right over left
3&4 Rock left to left, replace weight on right, cross left over right
5&6 Back shuffle on right-left-right
7&8 Back shuffle on left-right-left turning $\frac{1}{2}$ left

FORWARD ROCKING CHAIR, LEFT PIVOT $\frac{1}{2}$ TURN (TWICE)

1-2 Rock right forward, replace weight on left
3-4 Rock right back, replace weight on left
5-6 Step right forward, pivot $\frac{1}{2}$ turn left
7-8 Step right forward, pivot $\frac{1}{2}$ turn left

REPEAT, RIGHT SLIDE, DRAG

1-32 Repeat the above Part A steps
33-36 Slide right far to right, drag left towards right ending with weight on left (3 counts)

PART B

FORWARD ROCKING CHAIR, RIGHT SLIDE, DRAG, TOUCH (REPEAT ON REVERSE SIDE)

1&2& Rock right forward, replace weight on left, rock right back, replace weight on left
Hands movement: pouch both hands forward on 1, keep both hands on &
3-4 Slide right far to right, drag left towards right ending with touch
Hands movement: sweep right hand forming a vertical semi-circle from left to right
5&6& Rock left forward, replace weight on right, rock left back, replace weight on right
Hands movement: pouch both hands forward on 5, keep both hands on &
7-8 Slide left far to left, drag left towards right ending with touch
Hands movement: sweep left hand forming a vertical semi-circle from right to left

MASHED POTATOES, BACK COASTER STEP, SIDE ROCK, CROSS

& With weight on ball of left, turn both toes inward & lift right slightly off floor
1 Slide back on right, turning both toes outward
& With weight on ball of right, turn both toes inward & lift right slightly off floor
2 Slide back on left, turning both toes outward

&3&4 Repeat &1&2
5&6 Step right back, step left beside right, step right forward
7&8 Rock left to left, replace weight on right, cross left over right

RIGHT SLIDE, DRAG, BACK ROCK, REPLACE, LEFT SYNCOPATED WEAVE, SIDE ROCK, CROSS

1-2 Slide right far to right, drag left towards right
3-4 Rock left back, replace on right
5&6& Step left to left, cross right behind left, step left to left, cross right over left
7&8 Rock left to left, replace weight on right, cross left over right

VAUDEVILLE STEPS, PIVOT ½ TURN LEFT, PIVOT ¼ TURN LEFT

&1&2 Step right back, touch left heel diagonally forward, step left beside right, cross right over left
&3&4 Step left back, touch right heel diagonally forward, step right beside left, cross left over right
5-6 Step right forward, pivot ½ turn left
7-8 Step right forward, pivot ¼ turn left

For the 4th set of B, the last 2 steps are as follows

STEP ¼ TURN LEFT, TOUCH

7-8 Step right forward with ¼ turn left, touch left beside right

For the last set of B, the last 2 steps are as follows:

LEFT PIVOT ½ TURN

7-8 Step right forward, pivot ½ turn left (facing front wall)

Ending the whole dance with the following steps:

RIGHT SLIDE, DRAG

1-2 Slide right far to right, drag left towards right

PART C

RUMBA BOX

1-2 Step left to left, step right beside left
3-4 Step left forward, touch right beside left
5-6 Step right to right, step left beside right
7-8 Step right back, touch left beside right

STEP, TOGETHER, STEP, STEP, JAZZ BOX WITH ½ TURN

1-2 Step left to ¼ left, step right beside left
3-4 Step left forward, step right forward
5-6 Cross left over right, step right back
7-8 Step left to left turning ½ turn left, step right beside left

REPEAT

1-16 Repeat the above Part C steps, ending facing back wall

As the music is in counts of 4, add a hold after every waltz step

LEFT TWINKLE, HOLD, RIGHT TWINKLE, HOLD

1-4 Cross left over right, step ball of right to right turning body slightly left, step left to left, hold
5-8 Cross right over left, step ball of left to left turning body slightly right, step right to right, hold

FORWARD BALANCE, HOLD, BACK SLIDE, HOLD

1-4 Step left forward, step right beside left, step left in place, hold
5-8 Step right far back, slide left towards right (2 counts), hold

FULL TURN, HOLD, RIGHT TWINKLE, HOLD

1-4 Step left to left with left toe out to start into left turn, small step with right foot completing left full turn, step left to left side, hold
5-8 Cross right over left, step ball of left to left turning body slightly right, step right to right, hold

CROSS, LEFT ½ TURN, HOLD, CROSS, SLIDE, DRAG, HOLD

1-4 Cross left over right, step right to right side turning $\frac{1}{2}$ left, step left to left, hold

5-8 Cross right over left, slide left far to left, drag right towards left, (3 counts)

Hand movement: on counts 6-8, with left hand's index and middle fingers together, moving it across the body from right to left, gradually moving the two fingers apart and forming a v-shape.

Voice: on counts 6-8, together with steps and hand movement, saying and dragging the word, "peace", throughout the 3 counts.

9-12 Hold for 4 counts before proceeding with Part A, putting left hand down
