

# Elmer's Tune

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Irene Groundwater (CAN)  
音乐: Elmer's Tune (Cha Cha / 31 BPM) - Ross Mitchell, His Band and Singers



Choreographed for Jenifer Reaume's 2001 Christmas Party at the West End Community Center in Vancouver, B.C., Canada

## **FORWARD, KICK, FORWARD, FORWARD**

1-2                      Right forward, kick left foot diagonal forward across body to the right  
3-4                      Left forward, right forward

## **FORWARD, KICK, FORWARD, KICK**

5-6                      Left forward, kick right foot diagonal forward across body to the left  
7-8                      Right forward, kick left foot diagonal forward across body to the right

## **SIDE STEP, DRAG, DRAG, PIVOT ¼ TURN RIGHT WITH TOUCH**

9-10-11                Side step left, drag right towards left for 2 counts  
12                      Pivot ¼ turn right on left ball and touch right toe beside left instep  
Option - shimmy left on counts 10 and 11

## **SIDE STEP, DRAG, DRAG, TOUCH**

13-14-15-16         Side step right, drag left towards right for 2 counts, touch left toe beside right instep  
Option - shimmy right on counts 14 and 15

## **SIDE STEP BENDING KNEE, STRAIGHTEN KNEE, TOUCH HEEL DIAGONAL FORWARD TWICE**

17-18                 Side step left bending left knee, straighten left knee  
19-20                 Touch right heel diagonal forward to the right twice  
Option - on counts 19 and 20 - body faces diagonally to the right

## **SIDE STEP BENDING KNEE, STRAIGHTEN KNEE, TOUCH HEEL DIAGONAL FORWARD TWICE**

21-22                 Side step right bending right knee, straighten right knee  
23-24                 Touch left heel diagonal forward to the left twice  
Option - on counts 23 and 24 - body faces diagonally to the left

## **BEND KNEE, STRAIGHTEN WITH HEEL TOUCH DIAGONAL FORWARD, BEND KNEE, STRAIGHTEN WITH HEEL TOUCH DIAGONAL FORWARD**

25-26                 Side step left bending left knee, straighten left knee and touch right heel diagonal forward to the right  
27-28                 Side step right bending right knee, straighten right knee and touch left heel diagonal forward to the left  
Option - on count 26 - face body diagonally to the right, on count 28 - face body diagonally to the left

## **SIDE STEP, BUMP HIP RIGHT, BUMP HIP LEFT, HOLD**

29-30                 Side step left, bump right hip right  
31-32                 Bump left hip left, hold  
Option - side step left, make circular movements to the left with hips for 3 counts holding arms above head

**REPEAT**