

Elm Park Strut

拍数: 48 墙数: 2 级数: Improver
编舞者: Stephen (Hillbilly) Howard
音乐: There Goes My Heart - The Mavericks



Start dance after 9 second intro when he sings "Eyes" (part way through the first verse). There is no specific place to start but this is where I start the dance

KICK STEP TWICE, KICK BALL CHANGE, STAMP TWICE

1-4 Kick right forward, step forward on right, kick left forward, step forward on left
5&6 Kick right forward, step right beside left, step onto left in place
7-8 Stamp right beside left twice

SAILOR STEP RIGHT, ½ TURNING SAILOR STEP LEFT, ROCK TWICE, COASTER STEP RIGHT

9&10 Cross right behind left, step left to left side, step right to place
11&12 Cross left behind right, step right to right side making ¼ turn to left, step left forward
13-14 Rock forward on right, rock back on left
15&16 Step back on right, step left beside right, step forward right

GRAPEVINE LEFT WITH TAP, STEP & DRAG

17-20 Step left to left side, cross right behind left, step left to left side, tap right beside left
21-24 Step right to right side and slowly drag left to right over 2 beats, tap left beside right

GRAPEVINE LEFT WITH ¼ TURN & BRUSH, JAZZ BOX RIGHT

25-28 Step left to left side, cross right behind left, step left ¼ turn left, brush right forward
29-32 Cross right over left, step back on left, step right to right side, close left beside right

SHIMMY/THRUST & CLAP TWICE

33-36 Step right to right, shimmy / thrust, close left to right, clap hands on 4th beat
37-40 Step right to right, shimmy / thrust, close left to right, clap hands on 4th beat

SHUFFLE FORWARD TWICE, GRAPEVINE RIGHT WITH CLOSE

41&42 Step forward right, close left beside right, step forward right
43&44 Step forward left, close right beside left, step forward left
45-48 Step right to right side, cross left behind right, step right to right side, close left beside right

REPEAT

Dedicated to The Elm Park Hotel, Eastbourne. Thanks for a lovely weekend