

Elliot's Dream

拍数: 48 墙数: 4 级数: Improver
编舞者: Ann Wood (UK)
音乐: I Love to Boogie - Marc Bolan & T. Rex



TOE, HEEL, TOE HEEL, SIDE ROCK, CROSS STEP, LEFT TOUCH, RIGHT TOUCH CHASSE LEFT

1&2& Tap right toe to left instep, tap right heel to left instep - repeat steps
3&4 Rock step right to right side recover onto left foot cross, step right over left
5&6 Step left to left, touch right beside left, step right to right, touch left to right foot
7&8 Chasse left stepping left, right, left

TOE, HEEL, TOE, HEEL, SIDE ROCK, CROSS STEP, LEFT SIDE TOE STRUT CROSS TOE STRUT ROCK ¼ TURN TO RIGHT, STEP FORWARD ON RIGHT, STEP FORWARD ON LEFT

1&2& Tap right toe to left instep, tap right heel to left instep - repeat steps
3&4 Rock step right to right side recover onto left foot cross, step right over left
5&6& Step left toe to left, step left heel down, cross step right toe over left, step right heel down
7&8 Rock side left onto left, recover weight to right making ¼ turn right, step forward left (3:00)

WALK FORWARD RIGHT, LEFT, RUN FORWARD RIGHT, LEFT, RIGHT, FORWARD STEP TOUCH, BACK STEP TOUCH, BACK LEFT SHUFFLE

1-2 Walk forward right, left
3&4 Run forward right, left, right
5&6& Step forward on left, tap right toe to left heel, step back on right, tap left toe to right toe
7&8 Shuffle back, left, right, left

BACK RIGHT MAMBO STEP, STEP ½ PIVOT STEP FORWARD TWICE, FORWARD LEFT LOCKING SHUFFLE

1&2 Step back on right recover forward onto left, step right beside left
3&4 Step forward onto left, pivot ½ turn to right, step forward onto left
5&6 Step forward on right, pivot ½ turn to left, step forward onto right
7&8 Step left forward, lock right behind left, step forward on left

FORWARD STEP TOUCHES X 4 3 WALKS BACK WITH HITCH TWICE

1&2& Step forward on right, touch left to right heel, step forward on left touch right to left heel
3&4& Repeat steps 1& 2&
5&6 Walk back right, left, right, hitch left
7&8 Walk back left, right, left, hitch right

SIDE ROCK & CROSS STEP TWICE, EXTENDED VINE TO RIGHT

1&2 Side rock right to right side, recover onto left, cross step right over left
3&4 Side rock left to left side, recover onto right, cross step left over right
5&6& Step right to right, cross step left behind right, step right to right side cross step left over right
7&8& Step right to right side, step left behind right, step right to right, cross step left over right

REPEAT