Fiery Nights



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Mary Kelly (UK)

音乐: Fiery Nights - Ronan Hardiman



WALK FORWARD. RIGHT, LEFT & RIGHT, LEFT, STEP, HALF PIVOT, RIGHT SIDE SHUFFLE

1-2 Walk forward right - left

& Hop forward on left foot, at the same time, bend right knee forward and point right toes in

front of left knee

Optional arm movements - with left arm straight beside body and slightly forward, flick left hand forward level with right knee. With right arm straight beside body and slightly back, flick right hand backwards

3-4 Walk forward right - left

5-6 Step forward on right foot - pivot half turn to left

7&8 Shuffle to right side on a right/left/right

ROCK BACK, FORWARD, TURN, ROCK BACK, FORWARD, SYNCOPATED RIGHT VINE

9-10 Rock back on left foot - rock forward on right foot

& Spring slightly forward on left foot making half turn to right

11-12 Rock back on right foot - rock forward on left foot

13-14 Step to right side on right foot - step left foot behind right foot

& Step to right side on right foot

15-16 Step left foot in front of right foot - step to right side on right foot

FLICK, SWING PIVOT, BACK STEP, COASTER, POINT-STEP-BRUSH-STEP TWICE

& Step left foot beside right, at same time flick right foot to right side

17 Swing right foot like a pendulum across left knee, at same time pivot half turn to left on ball of

left foot

Step back on right foot
Step back on left foot
Close right foot beside left
Step forward on left foot
Point right toes to right side

21 Step forward right

& Brush left heel beside right foot

22 Step forward left &23 Repeat counts &21 &24 Repeat counts &22

CROSS, POINT, CROSS, POINT, ROCK, STEP, PIVOT, ROCK, STEP

25 Step (long step) right across left

Point left toes to left side (optional arm movements - swing both arms to right)

27 Step (long step) left across right

Point right toes to right side (optional arm movements - swing both arms to left)

29-30 Rock back on right foot - rock forward on left foot

& Pivot guarter turn left on ball of left foot

31-32 Rock back on right foot - rock forward on left foot

REPEAT

TAG

At end of wall 4

RIGHT FORWARD DIAGONAL COASTER STEP, LEFT BACK DIAGONAL COASTER STEP, STEP,

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- 1 Step forward diagonally right on right foot (angle body to right)
- & Close left foot beside right
- 2 Step back diagonally left on right foot
- 3 Step back diagonally left on left foot
- & Close right foot beside left
- 4 Step diagonally forward right on left foot, with the foot pointing back to line of dance
- 5 Step to right side on right foot
- 6 (With right foot still facing line of dance, and right leg straight) fan left heel quarter turn to

right, angle body to left and put weight forward on left foot with left knee bent. (you have just

made quarter turn to left)

Optional arm movements - left arm raised in front of body, with elbow level with head, and arm bent, fingers straight, and touching base of throat, and right arm straight to right side parallel with right leg

7-8 Repeat counts 5-6 of bridge. (this makes a second quarter turn to left)

9-16 Repeat counts 1-8 of bridge

This makes a further 2 x quarter turns to bring you back to original line of dance