

# Feels Good

**COPPER KNOB**  
STEPSHEETS

拍数: 56      墙数: 4      级数: Intermediate  
编舞者: Mike Cook (USA)  
音乐: Divine Interventions - Greg Holland



To turn it into the 48-count, 2-wall dance called "Ying Yang Gol' Dang", eliminate counts 37-44.

## RIGHT HEEL, RETURN, LEFT HEEL, RETURN

1-2            Right heel forward slightly right, return right next to left  
3-4            Left heel forward slightly left, return left next right

## TOE-HEEL, TOE-HEEL (THE DWIGHT)

5-6            Touch right heel to left instep, touch right toes to left instep  
7-8            Touch right heel to left instep, touch right toes to left instep

Left foot swivels traveling right

## RIGHT HEEL FORWARD, HOLD, RIGHT TOES BACK, HOLD

9-10           Touch right heel forward, hold  
11-12          Touch right toes back, hold

## RIGHT SIDE SHUFFLE, STEP ACROSS, UNWIND ½ TURN

13&14          Step right foot to the right, step left next to right, step right foot to the right  
15-16          Cross left over right, unwind ½ turn right (clap hands optional)

## RIGHT HEEL, RETURN, LEFT HEEL, RETURN

17-18          Right heel forward slightly right, return right next to left  
19-20          Left heel forward slightly left, return left next right

## TOE-HEEL, TOE-HEEL (THE DWIGHT)

21-22          Touch right heel to left instep, touch right toes to left instep  
23-24          Touch right heel to left instep, touch right toes to left instep

Left foot swivels traveling right

## RIGHT HEEL FORWARD, HOLD, RIGHT TOES BACK, HOLD

25-26          Touch right heel forward, hold  
27-28          Touch right toes back, hold

## RIGHT SIDE SHUFFLE, STEP ACROSS, UNWIND ½ TURN

29&30          Step right foot to the right, step left next to right, step right foot to the right  
31-32          Cross left over right, unwind ½ turn right (clap hands optional)

## STEP RIGHT FORWARD, ¼ TURN LEFT, SHUFFLE IN PLACE RIGHT-LEFT-RIGHT

33-34          Step right foot forward, pivot ¼ turn left  
35&36          Shuffle in place right-left-right

## CROSS STEP ¼ TURN RIGHT, WALK, WALK, PIVOT ½ TURN LEFT

37-38          Cross left over right turning ¼ turn right, step forward on right  
39-40          Step forward on left, pivot ½ turn left swinging right around

## STOMP LEFT-RIGHT-LEFT-RIGHT

41-42          Stomp right foot forward, stomp left foot forward  
43-44          Stomp right foot forward, stomp left foot forward

**HEEL-TOE STRUT, HEEL-TOE STRUT**

45-46 Step forward on right heel, step down on right

47-48 Step forward on left heel, step down on left

**JAZZ BOX WITH ¼ TURN LEFT**

49-50 Cross right over left, step back on left turning ¼ turn left

51-52 Step right to the right, step left beside right

**STEP, SCUFF, SCOOT, STOMP**

53-54 Step right on right, scuff left next to right

55-56 Scoot forward on right, stomp left next to right

**REPEAT**

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