

Feels Good

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Mike Cook (USA)
音乐: Divine Interventions - Greg Holland



To turn it into the 48-count, 2-wall dance called "Ying Yang Gol' Dang", eliminate counts 37-44.

RIGHT HEEL, RETURN, LEFT HEEL, RETURN

1-2 Right heel forward slightly right, return right next to left
3-4 Left heel forward slightly left, return left next right

TOE-HEEL, TOE-HEEL (THE DWIGHT)

5-6 Touch right heel to left instep, touch right toes to left instep
7-8 Touch right heel to left instep, touch right toes to left instep

Left foot swivels traveling right

RIGHT HEEL FORWARD, HOLD, RIGHT TOES BACK, HOLD

9-10 Touch right heel forward, hold
11-12 Touch right toes back, hold

RIGHT SIDE SHUFFLE, STEP ACROSS, UNWIND ½ TURN

13&14 Step right foot to the right, step left next to right, step right foot to the right
15-16 Cross left over right, unwind ½ turn right (clap hands optional)

RIGHT HEEL, RETURN, LEFT HEEL, RETURN

17-18 Right heel forward slightly right, return right next to left
19-20 Left heel forward slightly left, return left next right

TOE-HEEL, TOE-HEEL (THE DWIGHT)

21-22 Touch right heel to left instep, touch right toes to left instep
23-24 Touch right heel to left instep, touch right toes to left instep

Left foot swivels traveling right

RIGHT HEEL FORWARD, HOLD, RIGHT TOES BACK, HOLD

25-26 Touch right heel forward, hold
27-28 Touch right toes back, hold

RIGHT SIDE SHUFFLE, STEP ACROSS, UNWIND ½ TURN

29&30 Step right foot to the right, step left next to right, step right foot to the right
31-32 Cross left over right, unwind ½ turn right (clap hands optional)

STEP RIGHT FORWARD, ¼ TURN LEFT, SHUFFLE IN PLACE RIGHT-LEFT-RIGHT

33-34 Step right foot forward, pivot ¼ turn left
35&36 Shuffle in place right-left-right

CROSS STEP ¼ TURN RIGHT, WALK, WALK, PIVOT ½ TURN LEFT

37-38 Cross left over right turning ¼ turn right, step forward on right
39-40 Step forward on left, pivot ½ turn left swinging right around

STOMP LEFT-RIGHT-LEFT-RIGHT

41-42 Stomp right foot forward, stomp left foot forward
43-44 Stomp right foot forward, stomp left foot forward

HEEL-TOE STRUT, HEEL-TOE STRUT

45-46 Step forward on right heel, step down on right

47-48 Step forward on left heel, step down on left

JAZZ BOX WITH ¼ TURN LEFT

49-50 Cross right over left, step back on left turning ¼ turn left

51-52 Step right to the right, step left beside right

STEP, SCUFF, SCOOT, STOMP

53-54 Step right on right, scuff left next to right

55-56 Scoot forward on right, stomp left next to right

REPEAT
