

Feelings

拍数: 48 墙数: 0 级数:
编舞者: Victor van der Meer (AUS)
音乐: I Wanna Feel That Way Again - Tracy Byrd



- 1-2 Step right foot forward, slide left foot slightly forward to right to right foot
&3 Hold, step left foot forward
4& Slide right foot slightly forward to left foot, hold
- 1&2 Step right foot back, bring left foot back and cross left foot forward over right, step right foot back, step left foot back
3&4 Bring right foot back and cross right foot forward over left, step left foot back
5&6 Step right foot back, bring left foot back and cross left foot forward over right, step right foot back, step left foot back
7&8& Bring right foot back and cross right foot forward over left, step left foot back, hold for one
- 1-2-3&4 Step right foot forward, step left foot forward shuffle (right, left, right)
5-6-7&8 Step left foot forward, step right foot forward shuffle (left, right, left)
- 1-2-3&4 Step right foot forward, rock back on left, turn $\frac{1}{2}$ turn right
5-6-7&8 Shuffle forward, step left foot forward, rock back on right, turn $\frac{1}{2}$ turn left
- 1-2-3&4 Step right foot forward, pivot turn $\frac{1}{4}$ turn left shuffle (right, left, right) moving to left side
5-6-7&8 Rock on right foot, rock on left, shuffle (left, right, left) moving to right side
- 1-2 Step right foot out to right side, lock left behind
3&4 Turn full turn moving slightly to right side
5&6 Turn full turn moving slightly to left side
7&8 Turn full turn moving slightly to right side
- 1-2 Step left foot forward at $\frac{1}{4}$ turn right dragging right foot forward
3& Step right foot forward slightly dragging left foot forward, step left forward
4& Pivot turn $\frac{1}{2}$ turn right, step left foot forward pivoting $\frac{1}{2}$ turn left

REPEAT
