

Feelin' Stronger

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Sharon McNaughton (UK)
音乐: Stronger - S Club 7



POINT, HEEL & ROCK, COASTER STEP, PIVOT ¼ TURN

1&2 Point right toe to right side, close right next to left, touch left heel forward
&3-4 Close left next to right, rock forward on right, replace weight back on left
5&6 Step back on right, close left next to right, step forward on right
7-8 Step forward on left, pivot ¼ turn to right taking weight onto right

CROSSING SHUFFLE, SIDE ROCK, BEHIND SIDE CROSS, STEP PIVOT ½ TURN STEP

9&10 Cross left over right, step right to right, cross right over right
11-12 Rock right to right side, replace weight on to left
13&14 Cross right behind left, step left to left, cross right over left
15&16 Step forward on left, pivot ½ turn to right, step forward on left

DOROTHY STEPS, HEEL GRIND WITH ¼ TURN, COASTER STEP

17-18& Step right forward to right diagonal, lock left behind right, step right forward to right diagonal
19-20& Step left forward to left diagonal, lock right behind left, step left forward to left diagonal
21-22 Touch right heel forward, grind heel and make ¼ turn right stepping back on left
23&24 Step back on right, close left next to right, step right forward

PUMP KICKS, SAILOR ¼ TURN, PUMP KICKS, SWEEP BEHIND UNWIND ½ TURN

&25 Hitch left knee, pump left heel down to right diagonal
&26 Hitch left knee, pump left heel down to left diagonal
27&28 Sweep left behind right, step right to right, make ¼ turn left stepping left forward
&29 Hitch right knee, pump right heel down to left diagonal
&30 Hitch right knee, pump right heel down to right diagonal
31&32 Sweep right behind left, dip down with both knees bent, unwind ½ turn right straightening knees ending with weight on left with right toe pointing forward

REPEAT

RESTART

On wall four, dance only the first 16 counts then restart the dance from the beginning
