

Feelin' High

COPPER KNOB
BY STEPHEN BATES

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Sharon Hutchinson (UK)
音乐: High - James Blunt



SIDE, BEHIND, SIDE, CROSS ROCK, SIDE CROSS, ¼ TURN, ¼ TURN, BACK ROCK, CHASSE LEFT

- 1-2 Step to right side with right, cross left behind right
&3-4 Step to right side with right, cross rock left over right, recover weight onto right
&5-6 Step to left side with left, cross right over left, make ¼ turn right stepping back on left
&7& Make ¼ turn right stepping right to right side, cross rock left behind right, recover weight onto right
8&1 Step left to left side, close right next to left, step left to left side

CROSS ROCK, SIDE, CROSS, SIDE, BEHIND, ¼ TURN, STEP ½ TURN, STEP, TOGETHER

- 2&3 Cross rock right over left, recover weight onto left, step right to right side
4&5 Cross left over right, step right to right side, cross left behind right
6-7& Make ¼ turn right stepping right forward, step forward on left, pivot ½ turn right
8& Step forward on left, close right next to left

ROCK, RECOVER, BACK LOCK, BACK, BALL CROSS, SIDE, SAILOR ¼ TURN

- 1-2 Rock forward onto left, recover weight onto right
&3-4 Step back to left diagonal, lock right over left, step back to left diagonal
&5-6 Step on ball of right foot, cross left over right, step right to right side
7&8 Cross left behind right, make ¼ turn left stepping right to right side, recover weight onto left

ROCK RECOVER, 1 ½ TURNS RIGHT, STEP PIVOT ¼ TURN RIGHT, CROSSING SHUFFLE

- 1-2 Rock forward onto right, recover weight onto left
3&4 Make ½ turn right stepping forward on right, make ½ turn right stepping back on left, make ½ turn right stepping forward on right (alternative shuffle ½ turn)
5-6 Step forward on left, pivot ¼ turn right
7&8 Cross left over right, step right to right side, cross left over right

REPEAT
