

Feelin' Good Shuffle

COPPER KNOB
BYEFOOTETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Kathy King (USA)
音乐: Tender Moment - Lee Roy Parnell



START RIGHT VINE; TURN ½ TO RIGHT; SIDE SHUFFLE LEFT; ROCK BACK RIGHT, RECOVER WITH LEFT SHUFFLE FORWARD

1-2-3-4&5 Step right to right, left behind right; step right to right, turning ½ to right; left side shuffle
6-7&8 Rock right back (6); left forward shuffle (7&8)

WALK FORWARD RIGHT, LEFT; RIGHT FORWARD ROCK, RECOVER LEFT; TURN ¼ TO RIGHT WITH FORWARD SHUFFLE (RIGHT-LEFT-RIGHT), LEFT KICK BALL CHANGE

1-4 Walk forward right, left; rock right forward, recover left
5&6-7&8 Turn ¼ to right and shuffle forward with right (right-left-right); left kick ball change

CROSS LEFT OVER RIGHT AND TURN ½ TO RIGHT; RIGHT SAILOR STEP; KICK LEFT FOOT FORWARD TWICE; LEFT BACK COASTER STEP

1-2-3&4 Cross left over right and turn ½ to right; step right behind right, left to left, right to right slightly above home (sailor)
5-6-7&8 Kick left twice; step left back, step right to place, step left forward

STEP SLIDE AND TRIPLE TO 1:00; LEFT CROSS ROCK OVER RIGHT, RECOVER RIGHT; TRIPLE BACK TO 7:00

1-2-3&4 Step right forward to 1:00, slide left to place, shuffle (right-left-right)
5-6-7&8 Rock left across right, recover right; left shuffle back to 7:00

ROCK RIGHT BACK, RECOVER LEFT; STEP FORWARD RIGHT, HITCH LEFT; LEFT JAZZ BOX WITH A RIGHT TOUCH

1-4 Rock right back, recover left; step forward with right, hitch left out to left a little
5-8 Cross left over right, step back with right, step left to left, touch right to place

REPEAT
