

# Feelin' Good Shuffle

COPPER KNOB  
BYEFOOTETS

拍数: 40      墙数: 4      级数: Intermediate  
编舞者: Kathy King (USA)  
音乐: Tender Moment - Lee Roy Parnell



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## START RIGHT VINE; TURN ½ TO RIGHT; SIDE SHUFFLE LEFT; ROCK BACK RIGHT, RECOVER WITH LEFT SHUFFLE FORWARD

1-2-3-4&5      Step right to right, left behind right; step right to right, turning ½ to right; left side shuffle  
6-7&8      Rock right back (6); left forward shuffle (7&8)

## WALK FORWARD RIGHT, LEFT; RIGHT FORWARD ROCK, RECOVER LEFT; TURN ¼ TO RIGHT WITH FORWARD SHUFFLE (RIGHT-LEFT-RIGHT), LEFT KICK BALL CHANGE

1-4      Walk forward right, left; rock right forward, recover left  
5&6-7&8      Turn ¼ to right and shuffle forward with right (right-left-right); left kick ball change

## CROSS LEFT OVER RIGHT AND TURN ½ TO RIGHT; RIGHT SAILOR STEP; KICK LEFT FOOT FORWARD TWICE; LEFT BACK COASTER STEP

1-2-3&4      Cross left over right and turn ½ to right; step right behind right, left to left, right to right slightly above home (sailor)  
5-6-7&8      Kick left twice; step left back, step right to place, step left forward

## STEP SLIDE AND TRIPLE TO 1:00; LEFT CROSS ROCK OVER RIGHT, RECOVER RIGHT; TRIPLE BACK TO 7:00

1-2-3&4      Step right forward to 1:00, slide left to place, shuffle (right-left-right)  
5-6-7&8      Rock left across right, recover right; left shuffle back to 7:00

## ROCK RIGHT BACK, RECOVER LEFT; STEP FORWARD RIGHT, HITCH LEFT; LEFT JAZZ BOX WITH A RIGHT TOUCH

1-4      Rock right back, recover left; step forward with right, hitch left out to left a little  
5-8      Cross left over right, step back with right, step left to left, touch right to place

**REPEAT**

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