

Feel The Rush

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: John Robinson (USA)
音乐: She's Everything You Want - Billy Gilman



CROSS WALK RIGHT-LEFT, SYNCOPATED BACK ROCK RIGHT & STEP FORWARD FORWARD ROCK, RECOVER, SYNCOPATED TURN WITH ATTITUDE TOUCH

1-2 Right step forward across left, left step forward across right
3&4 Right rock back, recover weight to left, step right forward
5-6 Left rock forward, recover weight to right
7&8 Pivot ½ left and step left foot forward, pivot ½ left and step right foot back, left toe touch forward with attitude

LEFT KICK & BACK ROCK, LEFT STEP FORWARD, RIGHT TOUCH BEHIND, FULL TURN OVER RIGHT SHOULDER TRAVELING BACK (STEPPING RIGHT THEN LEFT), SHOULDER SHAKE

1&2 Left kick forward, left rock back, recover weight to right
3-4 Step left forward, right toe touch behind left
5-6 Pivot ½ right and step right foot forward, pivot ½ right and step left foot back
7&8 Keeping weight on left foot shake/shrug shoulders left-right-left

Left goes down while right goes up, then right goes down while left goes up, then left goes down while right goes up

For style, sit down over left leg on counts 7&8

RIGHT STEP ACROSS LEFT, LEFT STEP SIDE LEFT, RIGHT CROSS BEHIND LEFT & LEFT STEP ¼ TURN LEFT, RIGHT STEP FORWARD, LEFT ROCK FORWARD, RIGHT RECOVER, PIVOT ¼ LEFT TAKING LARGE STEP LEFT, RIGHT DRAG

1-2 Right step across left, left step side left
3&4 Right step behind left, left step into ¼ turn left, step right forward
5-6 Left rock forward, recover weight to right
7-8 Pivot ¼ left and step left foot side left a large step, right drag next to left keeping weight on left

RIGHT SYNCOPATED CROSS ROCK, LEFT SYNCOPATED CROSS ROCK, RIGHT STEP FORWARD, ½ PIVOT LEFT, RIGHT STEP FORWARD, ¼ PIVOT LEFT

1&2 Right rock ball of foot forward across left, recover weight to left, right step next to left
3&4 Left rock ball of foot forward across right, recover weight to right, left step next to right
5-6 Step right forward, pivot ½ turn left shifting weight forward to left
7-8 Step right forward, pivot ¼ turn left shifting weight forward to left

REPEAT
