

Feel The Rhythm (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Partner
编舞者: Rick Bates (USA) & Deborah Bates (USA)
音乐: Whole Lotta Hurt - Brady Seals



Position: Right Open Promenade position, holding inside hands (man's right and lady's left)

ROCK STEP, PIVOT, TRIPLE STEP, ROCK STEP, PIVOT, TRIPLE STEP LEFT FOOT

1-2 **MAN:** Step forward on right foot; rock back onto
 LADY: Step forward on left foot; rock back onto right foot

Release inside hands. (man's right and lady's left)

& **MAN:** Pivot $\frac{1}{2}$ turn to the right on ball of left foot
 LADY: Pivot $\frac{1}{2}$ turn to the left on ball of right foot

Man takes up lady's right hand in his left in the Left Open Promenade Position facing RLOD

3&4 **MAN:** Triple step in place (right, left, right)
 LADY: Triple step in place (left, right, left)

5-6 **MAN:** Step forward on left foot; rock back onto right foot
 LADY: Step forward on right foot; rock back onto left foot

Release inside hand. (man's left and lady's right)

& **MAN:** Pivot $\frac{1}{2}$ turn to the left on ball of right foot
 LADY: Pivot $\frac{1}{2}$ turn to the right on ball of left foot

Man takes up lady's left hand in his right in the Right Open Promenade Position facing LOD

7&8 **MAN:** Triple step in place (left, right, left)
 LADY: Triple step in place (right, left, right)

SIDE STEP, BEHIND (PARTNERS SWITCH SIDES), PIVOT, FORWARD SHUFFLE, MILITARY PIVOT, PIVOT, SIDE SHUFFLE

Release inside hands. (man's right and lady's left). Lady passes in front of man...

9-10 **MAN:** Step to the right on right foot; cross left foot behind right and step
 LADY: Step to the left on left foot; cross right foot behind left and step

& **MAN:** Pivot $\frac{1}{4}$ turn to the right on ball of left foot
 LADY: Pivot $\frac{1}{4}$ turn to the left on ball of right foot

11&12 **MAN:** Shuffle forward (right, left, right)
 LADY: Shuffle forward (left, right, left)

13-14 **MAN:** Step forward on left foot; pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight on ball of right foot

LADY: Step forward on right foot; pivot $\frac{1}{2}$ turn to the left to right foot and shift weight to left foot

& **MAN:** Pivot $\frac{1}{4}$ turn to the right on ball of right foot
 LADY: Pivot $\frac{1}{4}$ turn to the left on ball of left foot

15&16 **MAN:** Shuffle to the left (left, right, left)
 LADY: Shuffle to the right (right, left, right)

Man takes up lady's right hand in his left in the Left Open Promenade Position facing LOD

ROCK STEP, TRIPLE STEP, ROLLING TURN (PARTNERS SWITCH SIDES), PIVOT, FORWARD SHUFFLE

17-18 **MAN:** Step back on right foot; rock forward onto left foot
 LADY: Step back on left foot; rock forward onto right foot

19&20 **MAN:** Triple step in place (right, left, right)
 LADY: Triple step in place (left, right, left)

Release inside hands. (man's left and lady's right). Lady passes in front of man...

21 **MAN:** Step to the left on left foot and begin a full rolling turn to the left traveling to the left

LADY: Step to the right on right foot and begin a full rolling turn to the right traveling to the right
22 **MAN:** Step on right foot and complete full rolling turn to the left
LADY: Step on left foot and complete full rolling turn to the right
& **MAN:** Pivot $\frac{1}{4}$ turn to the left on ball of right foot
LADY: Pivot $\frac{1}{4}$ turn to the right on ball of left foot
23&24 **MAN:** Shuffle forward (left, right, left)
LADY: Shuffle forward (right, left, right)

MILITARY PIVOT, PIVOT, SIDE SHUFFLE, ROCK STEP, TRIPLE STEP

25-26 **MAN:** Step forward on right foot; pivot $\frac{1}{2}$ turn to the left on ball of right foot and shift weight to left foot
LADY: Step forward on left foot; pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot
& **MAN:** Pivot $\frac{1}{4}$ turn to the left on ball of left foot
LADY: Pivot $\frac{1}{4}$ turn to the right on ball of right foot
27&28 **MAN:** Shuffle to the right (right, left, right)
LADY: Shuffle to the left (left, right, left)
Man takes up lady's left hand in his right in the Right Open Promenade Position facing LOD
29-30 **MAN:** Step back on left foot; rock forward onto right foot
LADY: Step back on right foot; rock forward onto left foot
31&32 **MAN:** Triple step in place (left, right, left)
LADY: Triple step in place (right, left, right)

REPEAT
