

Feel The Mambo

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Mambo - Helena Paparizou



ROCK STEP, ¼ TURN BEHIND & STEP, MAMBO STEP, ROCK STEP BACK

1-2 Rock right foot to right side, recover on left foot
3&4 Step right foot behind left, step left foot ¼ turn left, step right foot forward
5&6 Step left foot forward, recover on right, step left foot next right
7-8 Rock right foot back, recover on right foot

MAMBO-TAP, ROCK STEP, CROSS SHUFFLE, LONG STEP SIDE-STEP

1&2 Step right foot forward, recover on left, tap right foot on left
3-4 Rock right foot to right side, recover on left foot
5&6 Cross right foot over left, step left foot next right, cross right foot over left
7-8 Step left foot long to left side, step right foot next left

Restart on wall 2 and 6 - count 8: tap right foot next left

STEP-STEP, CROSS ¼ TURN, CROSS SHUFFLE, BRUSH ¼ HITCH

1-2 Step left foot forward, step right foot forward
3&4 Cross left foot over right, step right foot back, step left foot ¼ turn left to left side
5&6 Cross right foot over left, step left foot next right, cross right foot over left
7&8 Brush left foot ¼ turn left, hitch, cross left foot over right

LOCK STEP BACK, COASTER STEP, FULL TURN, KICK BALL CROSS

1&2 Step right foot back, cross left foot over right, step right foot back
3&4 Step left foot back, step right foot next left, step left foot forward

Restart on wall 9

5-6 Step right foot ½ turn left forward, step left foot ½ turn forward
7&8 Kick right foot forward, step right foot next left, cross left foot over right

REPEAT

RESTART

On walls 2 and 6, restart at count 16 after changing count 16 to a touch instead of a step

On wall 9, restart after count 28