

# Feel Like Rockin'

COPPERKNOB  
STEPSHEETS

拍数: 56      墙数: 4      级数: Intermediate  
编舞者: Caz Mawby (UK)  
音乐: The More I Feel Like Rockin' - Tracy Byrd



## RIGHT SHUFFLE FORWARD, FORWARD ROCK, LEFT SHUFFLE BACK, BACK ROCK

1&2      Shuffle forward right, left, right  
3-4      Rock left forward, recover on right  
5&6      Shuffle back left, right, left  
7-8      Rock right back, recover on left

## STEP ½ TURN LEFT, HEEL SWITCHES, RIGHT SHUFFLE FORWARD HEEL SWITCHES

1-2      Step right forward, turn ½ left (weight to left)  
3&4&      Touch right heel forward, step right together, touch left heel forward, step left together  
5&6      Shuffle forward right, left, right  
7&8&      Touch left heel forward, step left together, touch right heel forward, step right together

## FORWARD ROCK, LEFT COASTER ¼ TURN, ¼ TURN LEFT TWICE (PADDLES)

1-2      Rock left forward, recover on right  
3&4      Turn ¼ left and coaster step left, right, left  
5-6      Step right forward, turn ¼ left (weight to left)  
7-8      Step right forward, turn ¼ left (weight to left)

## ROCKING CHAIR, ¼ TURN RIGHT KICK LEFT, ¼ TURN LEFT KICK RIGHT

1-4      Rocking chair forward and back  
5-6      Turn ¼ right and step right forward, kick left forward  
7-8      Turn ¼ left and step left to side, kick right forward

## BACK ROCK, CHASSE RIGHT, BACK ROCK, ½ HINGE TURN

1-2      Rock right back, recover on left  
3&4      Shuffle to side right, left, right  
5-6      Rock left back, recover on right  
7-8      Turn ¼ right and step left back, turn ¼ right and step right to side

## ROCKING CHAIR, ¼ TURN LEFT KICK RIGHT, ¼ TURN RIGHT KICK LEFT

1-4      Rocking chair forward and back  
5-6      Turn ¼ left and step left forward, kick right forward  
7-8      Turn ¼ right and step right to side, kick left forward

## BACK ROCK, CHASSE LEFT, BACK ROCK, STEP ½ TURN LEFT

1-2      Rock left back, recover on right  
3&4      Shuffle to side left, right, left  
5-6      Rock right back, recover on left  
7-8      Step right forward, turn ½ left (weight to left)

REPEAT