

# Feel Like A Woman

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数:  
编舞者: Richard Musgrave (UK)  
音乐: Man! I Feel Like a Woman! - Shania Twain



## REINS

1-2      Pull arms back in two rein pulls

## RIGHT SHUFFLE, TOUCH LEFT, LEFT SHUFFLE, TOUCH RIGHT

3&4      Right shuffle forward  
5      Touch left toe to left (look to left)  
6      Touch left together  
7&8      Left shuffle forward  
9      Touch right toe to right (look to right)  
10      Touch right together

## KICK BALL CHANGE, STEP, ¼ TURN

11&12      Right kick ball change  
13      Step forward on right foot  
14      ¼ turn left

## SHUFFLE ¼, ROCK, SHUFFLE BACK ¼, ROCK

15&16      Right shuffle forward with ¼ turn left  
17      Rock forward on left  
18      Rock back on right  
19&20      Left shuffle back with ¼ turn right  
21      Rock back on right  
22      Rock forward on left

## HEEL, HEEL, HEEL, CROSS, UNWIND, HOLD

23&24      Right heel forward, step right home, left heel forward  
&25-26      Step left home, right heel forward, cross right in front of left  
27-28      Unwind ½ turn to left, hold

## HIP BUMPS

29-30      Double hip bump on right  
31-32      Double hip bump on left

## REPEAT

Dance should begin when Shania sings "C'mon"

## TAG

When Shania sings "Man I Feel Like A Woman" on the last four counts of fifth and ninth walls and counts 13-16 of thirteenth wall, do the following tag steps, then start over:

Women      Jump forward and hold, running your hands either side of your body shape  
Men      Jump forward and hold, make the outline of a woman in front of you