

Feel Blue

拍数: 32 墙数: 4 级数: Improver polka
编舞者: Carina Slijters (NL)
音乐: The Last Time I Feel Blue - Prairie Oyster



DIAGONAL SHUFFLES RIGHT & LEFT, HEEL, STEP BACK, HEEL, STEP BACK

- 1&2 Right step diagonal right forward, left next to right, right step diagonal right forward
3&4 Left step diagonal left forward, right next to left, left step diagonal left forward
5-8 Touch right heel forward, right step backward, touch left heel forward, left step backward

ROLLING VINE RIGHT & CLAP, ROLLING VINE LEFT WITH EXTRA ¼ TURN LEFT & CLAP

- 1-4 Right foot ¼ turn right step forward, left foot ½ turn right step backwards, right foot ¼ turn right (facing front 12:00), left foot touch next to right and clap
5-8 Left foot ¼ turn left step forward, right foot ½ turn left step backwards, left foot ½ turn left (facing 9:00), right foot touch next to left and clap

KICK BALL CHANGE, STEP ¼ TURN LEFT, CROSS SHUFFLE, ¼ TURN RIGHT, ½ TURN RIGHT

- 1&2 Right foot kick forward, right foot step next to left, left foot step in place
3-4 Right foot step forward, with both feet ¼ turn left weight on left
5&6 Right foot cross in front of left, left foot step next to right foot, right foot cross in front of left
7-8 Left foot ¼ turn right step left foot backwards, right foot ½ turn right step right foot forward (facing 3:00)

ROCK STEP, COASTER STEP, HEEL SWITCHES, STEP BACK, CROSS, CLAP 2X

- 1-2 Left foot step forward, weight back on right
3&4 Left foot step backwards, right foot step next to left, left foot step forward
5&6& Right foot heel forward, step right next to left, left foot heel forward, step left backwards
7&8 Right foot touch toes crossed over left foot, clap, clap

REPEAT

TAG

After wall 7 repeat the last four counts
