

Fat Bottom Girls

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Christina Walker (UK)
音乐: Fat Bottom Girls - Hayseed Dixie



Sequence: ABC, ABC, AB to end

PART A (VERSE)

SIDE SHUFFLE RIGHT, BACK ROCK, SIDE SHUFFLE LEFT, BACK ROCK

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back on left, recover on right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back on right, recover on left

FORWARD SHUFFLE, STEP ½ TURN, FORWARD SHUFFLE, STEP ¾ TURN

1&2 Step forward on right, step left beside right, step forward right
3-4 Step forward on left, ½ turn over right shoulder
5&6 Step forward on left, step right beside left, step forward on left
7-8 Step forward on right, ¾ turn over left shoulder (weight on left)

SIDE SHUFFLE RIGHT, BACK ROCK, SIDE SHUFFLE LEFT, BACK ROCK

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back on left, recover on right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back on right, recover on left

FORWARD SHUFFLE, STEP ½ TURN, FORWARD SHUFFLE, STEP ¾ TURN

1&2 Step forward on right, step left beside right, step forward right
3-4 Step forward on left, ½ turn over right shoulder
5&6 Step forward on left, step right beside left, step forward on left
7-8 Step forward on right, ¾ turn over left shoulder (weight on left)

PART B (CHORUS)

RIGHT HEEL BALL CROSS TWICE, SIDE ROCK, CROSS SHUFFLE

1&2 Touch right heel forward, step right slightly back, cross left over right
3&4 Touch right heel forward, step right slightly back, cross left over right
5-6 Rock right to right side, recover on left
7&8 Cross right over left, step left to left side, cross right over left

LEFT HEEL BALL CROSS TWICE, SIDE ROCK, CROSS SHUFFLE

1&2 Touch left heel forward, step left slightly back, cross right over left
3&4 Touch left heel forward, step left slightly back, cross right over left
5-6 Rock left to left side, recover on right
7&8 Cross left over right, step right to right side, cross left over right

FORWARD ROCK, SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD

1-2 Rock forward on right, recover on left
3&4 Step back on right, step left beside, right, step back on right
5-6 Rock back on left, recover on right
7&8 Step forward on left, step right beside left, step forward on left

RIGHT KICK BALL CHANGE TWICE, PIVOT ½ TURN LEFT TWICE

- 1&2 Kick right forward, step right beside left, step onto left in place
3&4 Kick right forward, step right beside left, step onto left in place
5-6 Step forward right, pivot ½ turn left
7-8 Step forward right, pivot ½ turn left

RIGHT KICK BALL CHANGE TWICE, PIVOT ½ TURN LEFT TWICE

- 1&2 Kick right forward, step right beside left, step onto left in place
3&4 Kick right forward, step right beside left, step onto left in place
5-6 Step forward right, pivot ½ turn left
7-8 Step forward right, pivot ½ turn left

PART C

SIDE SHUFFLE, ROCK BACK, SIDE SHUFFLE, ROCK BACK

- 1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back on left, recover on right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back on right, recover on left

FORWARD SHUFFLE, ROCK FORWARD, BACK SHUFFLE, ROCK BACK

- 1&2 Step forward on right, step left beside right, step forward on right
3-4 Rock forward on left, recover on right
5&6 Step back on left, step right beside left, step back on left
7-8 Rock back on right, recover on left

HEEL SWITCHES ¼ TURN LEFT

- 1&2 Touch right heel forward, step right beside left, touch left heel forward 1/8 turning left
&3 Step left beside right, touch right heel forward 1/8 turning left
&4& Step right beside left, touch left heel forward, step left beside right
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