

# Fast Forward

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Michael Scoggins (USA)  
音乐: Living In Fast Forward - Kenny Chesney



## WALK-SHUFFLE-½ TURN-HIP BUMPS

1-2      Walk forward left/right  
3&4      Shuffle forward left-right-left  
5-6      Touch right toe across left foot, ½ turn left  
7-8      Bump hips right-left-right

## WALK-SHUFFLE-¼ TURN-HIP BUMP

1-2      Walk forward left/right  
3&4      Shuffle forward left-right-left  
5-6      Step forward on right turn, ¼ turn left  
7-8      Bump hips right-left

## STAR BURST

1&      Touch right toe to right side & step right beside left  
2&      Touch left toe to left side & step left beside right  
3&      Making ¼ turn left touch right toe back & step right beside left  
4&      Touch left heel forward & step left beside right  
5&      Touch right toe to right side & step right beside left  
6&      Touch left toe to left side & step left beside right  
7&      Touch right heel forward & step right beside left  
8      Touch left toe back

## SHUFFLE ¼ TURN MONETARY TURN

1&2      Shuffle forward left-right-left  
3-4      Step forward on right turn ¼ turn left  
5-6      Touch right toe to right side & turn ½ turn to right step down on right  
7-8      Touch left toe to left side & touch left toe beside right

## REPEAT

## TAG

1-4      Hip roll 4 count (on 2&5 wall)