

# Fast Forward

拍数: 32      墙数: 4      级数: Improver  
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音乐: Living In Fast Forward - Kenny Chesney



## STEP TOUCH, STEP TOUCH, ROCK STEP, BACK TOUCH

1-2      Step forward on right, touch left toes to left  
3-4      Step forward on left, touch right toes to right  
5-6      Rock forward on right, step left in place  
7-8      Step back on right, touch left to left

## WALK FORWARD, TOUCH, KICK AND TOUCH (TWICE)

1-2      Walk forward left, right  
3-4      Step forward on left, touch right toes right  
5&6      Kick right forward, step on right touch left next to right  
7&8      Kicks left forward, step on left touch right next to left

## PIVOT TURN SHUFFLE, PIVOT TURN SHUFFLE

1-2      Step right forward, pivot  $\frac{1}{2}$  turn left  
3&4      Shuffle forward right, left, right  
5-6      Step left forward, pivot  $\frac{1}{4}$  right  
7&8      Shuffle forward left, right, left

## KICK-BALL CROSS, UNWIND $\frac{1}{2}$ TURN, HIPS

1&2-      Kick right forward, step right in place, cross left over right  
3-4      Unwind  $\frac{1}{2}$  turn right (end with weight on left)  
5-6      Bump hips left twice  
7-8      Bump hips right, left

## REPEAT

## TAG

### At end wall 2 and wall 5

1-2      Step right forward pivot  $\frac{1}{2}$  turn left  
3-4      Step right forward pivot  $\frac{1}{2}$  turn left

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