

Farewell Stroll

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 1 级数: Beginner stroll
编舞者: Knox Rhine (USA)
音乐: The Stroll - The Diamonds



SIDE, FORWARD, SIDE, FORWARD

1 Slide right toe out to right side

Keep leg straight & toe on floor

2 Sweep right toe forward of left foot

3 Sweep right toe out to right side

4 Sweep right toe forward of left foot

RIGHT SIDE, BEHIND, ¼ TURN, ¼ TURN

5 Step to right side with right foot

6 Step across behind right leg with left foot

7 Step ¼ turn to right side with right foot

8 Lift left knee pivoting ¼ turn right on ball of right foot

LEFT SIDE, BEHIND, SIDE, STEP FORWARD

9 Step left foot to left side

10 Step across behind left leg with right foot

11 Step left foot to left side

12 Step forward with right foot

STEP, PIVOT, STEP, TURN

13 Step forward with left toe

14 Pivot ½ turn right on ball of right foot

15 Step forward with left toe

16 Pivot ½ turn right on ball of left foot, weight on left foot after turn

SIDE, FORWARD, SIDE, FORWARD

17 Slide right toe out to right side

Keep leg straight & toe on floor

18 Sweep right toe forward of left foot

19 Sweep right toe out to right side

20 Sweep right toe forward of left foot

RIGHT SIDE, BEHIND, ¼ TURN, ¼ TURN

21 Step to right side with right foot

22 Step across behind right leg with left foot

23 Step ¼ turn to right side with right foot

24 Lift left knee pivoting ¼ turn right on ball of right foot

LEFT SIDE, BEHIND, SIDE, STEP FORWARD

25 Step left foot to left side

26 Step across behind left leg with right foot

27 Step left foot to left side

28 Step forward with right foot

STEP, PIVOT, STEP, TURN

29 Step forward with left toe

30 Pivot ½ turn right on ball of right foot

- 31 Step forward with left toe
32 Pivot ½ turn right on ball of left foot, weight on left foot after turn

ROCK-STEP, STEP, LOCK

- 33 Step back with right foot
34 Rock forward onto left foot
35 Step forward-right with right foot
36 Step-lock left foot up behind right foot

STEP, STEP, LOCK, STEP

- 37 Step forward-right with right foot
38 Step forward-left with left foot
39 Step-lock right foot up behind left foot
40 Step forward-left with left foot

STEP, PIVOT, SHUFFLE

- 41 Step forward with right toe
42 Pivot ½ turn left on ball of left foot
43 Step forward with right foot
& Step together with left foot
44 Step forward with right foot

SHUFFLE, STEP, PIVOT

- 45 Step forward with left foot
& Step together with right
46 Step forward with left foot
47 Step forward with right toe
48 Pivot ½ turn left on ball of left foot

REPEAT
