

Fallsview Rock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Janet Wilson (USA)
音乐: You Win My Love - Shania Twain



MODIFIED SAILOR SHUFFLES

- 1&2 Step left crossed behind right, step right to right side, step left to left side with heel lead - (*these are NOT regular sailor shuffles)
3&4 Step right crossed behind left, step left to left side, step right to right side with heel lead
5&6 Step left crossed behind right, step right to right side, step left to left side with heel lead
7&8 Step right crossed behind left, step left to left side, step right to right side with flat foot

DOUBLE KICK, COASTER STEP, DOUBLE KICK, COASTER STEP

- 1-2 Low kick left foot FORWARD (two times)
3&4 Step left back, step right together & step left forward (COASTER STEP; NOT sailor shuffle)
5-6 Low kick right foot FORWARD (two times)
7&8 Step right back, step left together & step right forward (COASTER STEP, NOT sailor shuffle)

DOUBLE HIP WALK FORWARD LEFT-RIGHT-LEFT-RIGHT

- 1&2 Step left to left front diagonal and bump left hip, return center & bump left again (use your shoulders when you do that bump!)
3&4 Step right to right front diagonal and bump right hip, return center & bump right again
5&6 Step left to left front diagonal and bump left hip, return center & bump left again
7&8 Step right to right front diagonal and bump right hip, return center & bump right again

STOMP, KICK SIDE, CROSS UNWIND, FORWARD SHUFFLE LEFT & RIGHT

- 1-2 Stomp left forward, low kick right to right SIDE (not forward)
3-4 Cross right over left placing ball of right on floor on count 3, turn ½ left (unwind) shifting weight to right foot on count 4 (don't mush it together)
5&6 Step left forward, step right together & step left forward
7&8 Step right forward, step left together & step right forward

REPEAT

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