

Fallen 4 U

拍数: 32 墙数: 4 级数: Improver
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音乐: Fallen - Lauren Wood



SHUFFLE ¼ TURN LEFT, FORWARD DIAGONAL STEPS, SHUFFLE ¼ TURN RIGHT

1&2 Shuffle left, right, left turning ¼ left
3-4 Step right forward diagonally right, touch left beside right
5-6 Step left forward diagonally left, touch right beside left
7&8 Shuffle right, left, right turning ¼ right

FORWARD DIAGONAL STEP, SHUFFLE DIAGONALLY BACK, BACK DIAGONAL STEP, SHUFFLE DIAGONALLY FORWARD

1-2 Step left forward diagonally left, touch right beside left
3&4 Shuffle back right, left, right diagonally right
5-6 Step left back diagonally left, touch right beside left
7&8 Shuffle forward right, left, right diagonally right

During counts 1-4 body is angled left & 5-8 body angled right

STEP FORWARD ½ TURN, ROCK BACK, CROSS TOUCH, FORWARD LOCK STEP - REPEAT IN OPPOSITE DIRECTION

1-3 Step left forward into ½ turn right, rock back on right, cross touch left over right and click fingers at shoulder level
4&5 Step left forward, lock step right behind left, step left forward
6-8 Step right forward into ½ turn left, rock back on left, cross touch right over left clicking fingers at shoulder level
9&10 Step right forward, lock step left behind right, step right forward

ROCK STEP, ½ TURN SHUFFLE, ¼ TURN TOUCH TOGETHER

1-2 Rock left forward, step right back
3&4 Shuffle left, right, left turning ½ left
5-6 Pivot ¼ turn left stepping right to side, touch left beside right

REPEAT

TAG

Done only after 6th repetition with the following 4 counts:

LEFT SIDE STEP TOUCH, RIGHT SIDE STEP TOUCH

1-2 Step left to side, touch right beside left
3-4 Step right to side, touch left beside right