

Fallen

拍数: 0 墙数: 1 级数: Intermediate/Advanced
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音乐: Fallen - Lauren Wood



Sequence: AB, AB, A to Finish

PART A

TOUCH, SWEEP ¼ TURN, COASTER STEP, TOUCH, SWEEP ¼ TURN, COASTER STEP

1-2 Touch right toe forward, sweep right leg ¼ turn right
3&4 Right coaster step
5-6 Touch left toe forward, sweep left leg ¼ turn left
7&8 Left coaster step

FORWARD STEP LOCKS, SWEEP ½ TURN, COASTER STEP

9-11&12 Right step, lock, step, lock, step
13 Step forward left
14 Sweep right leg ½ turn over right shoulder
15&16 Right coaster step

FORWARD STEP LOCKS, ¼ TURN, SLIDE, ½ TURN, HOOK, STEP

17-19&20 Left step, lock, step, lock, step
21-22 Make ¼ turn right sliding right foot forward, (taking weight on right)
23 Pivot ½ turn left on ball of right foot
&24 Hook left across right, step forward left, (taking weight)

LOCK STEP, STEP ½ TURN, ¼ TURN, ½ TURN, HITCH

25-28 Lock right behind left, step forward left, step forward right, pivot ½ left
29-30 Make ¼ turn left stepping right to right side, cross left behind right
31-32 Step right to right side, ½ turn right on ball of right foot (hitching left)

FORWARD STEP LOCKS, SWEEP ½ TURN, COASTER STEP

33-35&36 Left step, lock, step, lock, step
37 Step forward right
38 Sweep left leg ½ turn over left shoulder
39&40 Left coaster step

FORWARD STEP LOCKS, ¼ TURN, SLIDE, ½ TURN, HOOK, STEP

41-43&44 Right step, lock, step, lock, step
45-46 Make ¼ turn left sliding left foot forward, (taking weight on left)
47 Pivot ½ turn right on ball of left foot
&48 Hook right across left, step forward right, (taking weight)

LOCK STEP, STEP ½ TURN, ¼ TURN, ½ TURN, HITCH

49-52 Lock left behind right, step forward right, step forward left, pivot ½ right
53-54 Make ¼ turn right stepping left to left side, cross right behind left
55-56 Step left to left side, ½ turn left on ball of left foot (hitching right)

TOUCH, SWEEP ¼ TURN, COASTER STEP, TOUCH, SWEEP ¼ TURN, COASTER STEP

57-58 Touch right toe forward, sweep right leg ¼ turn right
59&60 Right coaster step
61-62 Touch left toe forward, sweep left leg ¼ turn left

63&64 Left coaster step

PART B

TWO MONTEREY TURNS

- 1-2 Touch right to right side, pivot $\frac{1}{2}$ turn right on ball of left foot, step on right
- 3-4 Touch left to left side, step left beside right
- 5-6 Touch right to right side, pivot $\frac{1}{2}$ turn right on ball of left foot, step on right
- 7-8 Touch left to left side, step left beside right

GRAPEVINE, $\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN, CROSS ROCK, ROCK

- 9-10 Step left to side, cross right behind left
- 11-12 Step left to side making $\frac{1}{4}$ turn left, make $\frac{1}{4}$ turn left stepping right to side
- 13-14 Rock back on left, rock forward on right
- 15-16 Rock forward on left, rock back on right

STEP HOLD, SWITCH, STEP HOLD, SWITCH, STEP, ROCK, ROCK, STEP

- 17-18& Step left to side, hold, step right beside left
- 19-20& Step left to side, hold, step right beside left
- 21-24 Step left to side, rock back on right, rock forward on left, step forward right

CROSS, UNWIND, SIDE STEP, LUNGE, RECOVER

- 25-26 Cross left behind right, unwind $\frac{1}{2}$ turn
- 27-28 Step left to side, drag right beside left

BRIDGE

Done only during second Part B

STEP RIGHT TO SIDE, DRAG LEFT BESIDE RIGHT, STEP LEFT TO SIDE, DRAG RIGHT BESIDE LEFT

- 29-30 Lunge forward right with weight
 - 31-32 Recover onto left transferring weight
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