

Falcon Crest

拍数: 0 墙数: 4 级数:
编舞者: Darren "Texas Tornado" Tubridy (UK)
音乐: If My Heart Had Wings - Faith Hill



Sequence: A, A, B, B, B, A, B, B, A, A, B, B, B, B, A. The tag is danced at the end of the 2nd, 3rd & 5th walls. Part B is always danced during the chorus to fit in with the words "If my heart had wings". Towards the end of the track this part of the chorus is repeated. The tag is always danced during the bridge of the song.

PART A

DIAGONAL SLIDES RIGHT & LEFT, HEEL JACKS, DIAGONAL STEPS BACK & TOUCH

1-2 Step right diagonally forward, slide left beside right

3-4 Step left diagonally forward, slide right beside left

Optional styling:

1&3 As you step forward, swing both arms above your head

2&4 As you slide foot together, swing both arms down to your side

5&6 Cross left over right, step right to right side dig left heel forward, step left beside right

7&8 Cross right over left, step left to left side dig right heel forward, step right beside left

9-10 Step right diagonally back, touch left beside right

11-12 Step left diagonally back, touch right beside left

CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK, PIVOT ½ TURN TWICE

13&14 Step right to right side, close left beside right, step right to right side

15-16 Cross rock left behind right, recover weight onto right

17&18 Step left to left side, close right beside left, step left to left side

19-20 Cross rock right behind left, recover weight onto left

21-22 Step forward right, make ½ turn left

23-24 Step forward right, make ½ turn left

CROSS STEPS & TOE TOUCHES, CROSS UNWIND, COASTER STEP

25-26 Cross right foot over left, touch left toe to left side

27-28 Cross left foot over right, touch right toe to right side

29-30 Cross right over left, make a ½ turn left

31&32 Step back left, step left beside right, step forward left

PART B

MONTEREY TURNS TWICE, RIGHT SHUFFLE, LEFT SHUFFLE, "RUNNING MAN" STEPS

1-2 Touch right toe to right side, make ½ turn left, step right beside left

3-4 Touch left toe to left side, touch left beside right

5-6 Touch right toe to right side, make ½ turn left, step right beside left

7-8 Touch left toe to left side, touch left beside right

9&10 Shuffle forward on right, left, right

11&12 Shuffle forward on left, right, left

13&14 Scoots & hitches backwards

15&16 Scoots & hitches backwards

Optional styling: while doing the "running man" steps, swing your arms up & down in wing-like movements

TAG

GRAPEVINE, KICK BALL-CHANGE TWICE, FULL TURN, KICK BALL-CHANGE TWICE

1-2 Step right to right side, cross left behind right

3-4 Step right to right side, touch left beside right

5-6 Kick left forward, step left beside right, step right in place
7-8 Kick left forward, step left beside right, step right in place
9-10 Step left to the side making a full turn to the left
11-12 Turn on right, left, right
13-14 Kick right forward, step right beside left, step left in place
15-16 Kick right forward, step right beside left, step left in place

¼ TURN LEFT, TOE TOUCH, SIDE TOE TOUCH

17-18 Step right into ¼ turn left, touch left toe behind right foot
19-20 Step left to left side, touch right toe behind left

Styling:

17&19 Click fingers above head
18 Click down to right
20 Click down to left

The wing-like arm movements are the reason the dance is called Falcon Crest & must be included.
