

Fool (I'm A Woman)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: William Sevone (UK)
音乐: Fool, I'm a Woman - Sara Evans



STEP BEHIND, ROCK FORWARD, TRIPLE STEP

1-2 (Angle body to the left) step left foot behind right, rock forward onto right foot
3&4 (Body forward) cha-cha-cha on the spot (left, right-left)
5-6 (Angle body to the right) step right foot behind left, rock forward onto left foot
7&8 (Body forward) cha-cha-cha on the spot (right, left-right)

STEP BEHIND, SIDE STEP, ½ RIGHT, LEFT CHASSE, CROSS STEP, UNWIND

9-11 Step left foot behind right, step right foot to side, turn ½ right on ball of right foot - stepping left foot to left side
12&13 Step right foot next to left, step left foot to side, step right foot next to left
14-15 Cross step left foot over right, unwind ½ right

STEP BEHIND, SIDE STEP, ½ LEFT, TRIPLE STEP

16-18 Step right foot behind right, step left foot to side, turn ½ left on ball of left foot
19&20 Cha-cha-cha on the spot (right, left-right)

STEP BEHIND, ROCK FORWARD, TRIPLE STEP

21-22 (Angle body to the left) step left foot behind right, rock forward onto right foot
23&24 (Body forward) cha-cha-cha on the spot (left, right-left)
25-26 (Angle body to the right) step right foot behind left, rock forward onto left foot

SHUFFLE FORWARD, ½ RIGHT, ROCK FORWARD, STEP BACK WITH ¼ RIGHT

27&28 Step forward onto right foot, step left foot next to right, step forward onto right foot
29-30 Step forward onto left foot, turn ½ right on ball of left foot - stepping back onto right foot
31-32 Rock forward onto left foot, stepping back onto right foot & turn ¼ right

SHUFFLE FORWARD, CROSS STEP, ROCK BACK, SHUFFLE BACK, ½ RIGHT

33&34 Step forward onto right foot, step left foot next to right, step forward onto right foot
35-36 (Bending knees) cross left foot in front of right - lifting right foot off the floor, rock back onto right foot
37&38 Step back onto left foot, step right foot next to left, step back onto left foot
39 On ball of left foot turn ½ right - stepping onto right foot

SHUFFLE FORWARD, CROSS STEP, ROCK BACK, SHUFFLE BACK, ½ LEFT, SHUFFLE FORWARD

40&41 Step forward onto left foot, step right foot next to left, step forward onto left foot
42-43 (Bending knees) cross right foot in front of left - lifting left foot off the floor, rock back onto left foot
44&45 Step back onto right foot, step left foot next to right, step back onto right foot
46 On ball of right foot turn ½ left - stepping onto left foot
47&48 Step forward onto right foot, step left foot next to right, step forward onto right foot

REPEAT