

Folsom Prison Blues

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver social cha
编舞者: Michael Seurer (USA)
音乐: Folsom Prison Blues - Johnny Cash



CHA-CHA-CHA BASIC

1 Step forward on right foot
2 Rock back onto left foot
3&4 Cha-cha-cha(right, left, right)
5 Step back on left foot
6 Rock forward onto right foot
7&8 Cha-cha-cha(left, right, left)

FORWARD STEPS, ½ CHA-CHA-CHA TURN TO THE LEFT, BACK STEPS, CHA-CHA-CHA

9 Step forward on right foot
10 Step forward on left foot
11&12 Cha-cha-cha(right, left, right) while making a ½ turn to the left
13 Step back on left foot
14 Step back on right foot
15&16 Cha-cha-cha(left, right, left)

ROCK STEPS, CHA-CHA-CHA

17 Step back on right foot
18 Rock forward on left foot
19&20 Cha-cha-cha(right, left, right)
21 Step back on left foot
22 Rock forward on right foot
23&24 Cha-cha-cha(left, right, left)

FORWARD SHUFFLES

25&26 Forward shuffle (right, left, right)
27&28 Forward shuffle (left, right, left)
29&30 Forward shuffle (right, left, right)
31&32 Forward shuffle (left, right, left)

ROCK STEP, ROCK STEP, CHA-CHA-CHA

33 Cross right foot over in front of left and step
34 Rock back onto left foot
35 Step slightly to the right on right foot
36 Step in place on left foot
37 Cross right foot over in front of left and step
38 Rock back onto left foot
39&40 Cha-cha-cha(right, left, right)

ROCK STEP, ROCK STEP, CHA-CHA-CHA

41 Cross left foot over in front of right and step
42 Rock back onto right foot
43 Step slightly to the left on left foot
44 Step in place on right foot
45 Cross left foot over in front of right and step
46 Rock back onto right foot

47&48

Cha-cha-cha(left, right, left)

REPEAT
