

# Follow Me

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Tracey Vince  
音乐: Follow Me - Uncle Kracker



- 1-2            Step right to side, cross left behind right  
3&4           Turn ¼ right and shuffle right-left-right  
5-6           Step forward left, pivot ½ right  
7-8           Step left, lock right behind left
- 1&2           Shuffle forward left-right-left  
3-4           Turn ¼ left step back on right, step back on left  
5&6           Right coaster step  
7&8           Shuffle forward left-right-left
- 1-2           Kick right forward, kick right to right side  
3&4           Right sailor  
5-6           Kick left forward, kick left to left side  
7&8           Left sailor
- &1            Step right (slightly backward), touch left heel forward to left diagonal  
&2            Step left beside right, tap right beside left  
&3&4          Repeat last 4 counts  
&5-6          Step right in place, rock forward on left, rock back on right  
7&8           Turn ½ left with triple on the spot left-right-left \*\*\*
- 1-2           Step right to side, cross left behind right  
3-4           Step right to side, scuff left beside right  
5-6           Full turn to left stepping left-right  
7&8           Shuffle to left (left-right-left)
- &            Step right slightly backward  
1&2           Cross shuffle left-right-left  
3            Turn ¼ left and step back on right  
4            Turn ¼ left and step side on left  
5&6           Right sailor  
7&8           Left sailor
- 1-2           Rock forward on right, rock back on left  
3-4           Touch right toe back, pivot ½ turn right keeping weight on left  
5&6           Right coaster  
7-8           Rock forward on left, rock back on right
- 1-2           Step forward on left, hold  
&3-4          Step ball of right beside left, step forward on left, hold  
&5-6          Step ball of right beside left, rock forward on left, rock back on right  
7&8           Turn left ¾ with triple on spot left-right-left

**REPEAT**

**RESTART**

On the third vanilla restart the dance after 32 counts

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