

Follow Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Christian Sildatke (DE)
音乐: Follow Me - Uncle Kracker



KICK BALL CROSS (2X), TOUCH, CROSS, SLIDE

1 Kick right diagonally forward
& Step ball slightly back
2 Cross over right
3 Kick right diagonally forward
& Step ball slightly back
4 Cross over right
5 Touch to the right side
6 Cross over left
7 Big step to the left side
8 Drag right beside left (weight on)

ROCK BACK & RECOVER, SHUFFLE FORWARD, ROCK FORWARD & RECOVER, ½ TRIPLE TURN

9 Rock back
10 Step in place (recover)
11 Step forward
& Step next to right
12 Step forward
13 Rock forward
14 Step in place (recover)
15 Step back with ¼ turn left
& Step next to left
16 Step forward with ¼ turn left

STEP, SWEEP, SAILOR STEP, TOE STRUT (2X)

17 Step forward
18 Sweep left foot on floor while making a ¾ turn left

End weighted right

19 Step behind right
& Step next to left
20 Step left diagonally forward
21 Step on toe forward
22 Lower heel
23 Step on toe forward
24 Lower heel

ROCK FORWARD & RECOVER, ½ TRIPLE TURN, ROCK FORWARD & RECOVER, COASTER STEP

25 Rock forward
26 Step in place (recover)
27 Step back with ¼ turn
& Step next to right
28 Step forward with ¼ turn
29 Rock forward
30 Step in place (recover)
31 Step back
& Step next to left

REPEAT
