

Follow Me

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: June Shuman (USA)
音乐: Follow Me - Uncle Kracker



SHUFFLE FORWARD, ROCK STEP, BACKWARD SHUFFLE, ROCK STEP

1&2 Step forward right, close left beside right, step forward right (forward shuffle)
3-4 Rock forward on left, rock /replace back on right
5&6 Step back on left, close right beside left, step back on left (backward shuffle)
7-8 Rock back on right, rock/replace onto left

TOE STRUTS FORWARD

9-10 Step forward on ball of right, drop right heel
11-12 Step forward on ball of left, drop left heel
13-16 Repeat above 9-12

RIGHT SIDE SHUFFLE, ROCK STEP

17&18 Step right to right side, close left beside right, step right to right side (right side shuffle)
19-20 Rock back on left foot, rock/replace forward onto right

LEFT SIDE SHUFFLE, ROCK STEP

21&22 Step left to left side, close right beside left, step left to side left (left side shuffle)
23-24 Rock back onto right foot, rock/replace forward onto left

RIGHT KICK BALL CHANGE 2X, JAZZ BOX WITH ¼ TURN RIGHT

25&26 Kick right foot forward, step onto ball of right foot, step left foot next to right
27&28 Repeat above right kick ball change
29-32 Cross right over left, step back onto left foot, step right foot forward ¼ right, step left foot next to right

REPEAT
