

Follow Me

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ann Olsen (USA)
音乐: Follow Me - Uncle Kracker



STEP LOCK STEP LEFT, STEP LOCK STEP RIGHT

- 1 Step forward left
- 2 Step right behind left
- 3 Step forward left
- 4 Brush right
- 5 Step forward right
- 6 Step left behind right
- 7 Step forward right
- 8 Brush left

STEP BACK LEFT, RIGHT, LEFT, RIGHT

- 9-10 Step back left, hold
- 11-12 Step back right, hold
- 13-14 Step back left, hold
- 15-16 Step back right, hold

GRAPEVINE LEFT, BRUSH, TURNING GRAPEVINE RIGHT, BRUSH

- 17 Step to the left
- 18 Cross right behind left
- 19 Step left on left
- 20 Brush right foot forward
- 21 Step to the right
- 22 Cross left behind right
- 23 Step right on right turning $\frac{1}{4}$ right
- 24 Brush left foot forward

CROSS ROCK LEFT, RIGHT, LEFT, HOLD

- 25 Cross left foot over right & rock step forward
- 26 Step right in place
- 27-28 Step left to left side, hold

BUMP RIGHT, LEFT, RIGHT, HOLD

- 29 Bump hips to the right
- 30 Bump hips to the left
- 31-32 Bump hips to the right, hold

REPEAT
