

Flying Scotsman

COPPER **NOB**
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: Improver
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音乐: Voices Of The Highlands - Speed Limit



TOE, HEEL, STEP, LOCK, STEP

1-2 Touch right toe to left instep, touch right heel to left instep
3&4 (Traveling forward diagonally right). Step forward on right, lock left behind right, step forward on right making a quarter turn left

TOE, HEEL, STEP, LOCK, STEP

5-6 Touch left toe to right instep, touch left heel to right instep
7&8 (Traveling forward diagonally left). Step on forward on left, lock right behind left, step forward on left turning to face your home wall

ROCK, RECOVER, SAILOR TURN

9-10 Rock forward on right, recover on left
11&12 Sweep right behind left making a quarter turn right, step on left making a further quarter turn, step on right beside left

STEP, LOCK, STEP. STEP, LOCK, STEP

13&14 Step forward on left, lock right behind left, step forward on left
15&16 Step forward on right, lock left behind right, step forward on right

ROCK, RECOVER, SAILOR TURN

17-18 Rock forward on left, recover on right
19&20 Sweep left behind right making a quarter turn left, step on right making a further quarter turn left, step on left beside right

SHUFFLE HALF TURN LEFT TWICE

21&22 Shuffle forward on right, left, right while making a half turn to the left
23&24 Shuffle back on left, right, left, while making a further half turn left

SIDE, TOGETHER, HEEL, HOOK, STEP, SLIDE, STEP

25&26& Touch right toe to right side, touch right toe next to left foot, touch right heel forward, hook right foot in front of left shin
27&28 Step on right to right side, step on left beside right, step on right to right side

SIDE, TOGETHER, HEEL, HOOK, STEP, SLIDE, TURN

29&30& Touch left toe to left side, touch left toe beside right foot, touch left heel forward, hook left heel in front of right shin
31&32 Step on left to left side, step on right beside left, step on left making a quarter turn left

REPEAT
