

Flying High

拍数: 48 墙数: 2 级数: Improver
编舞者: Elaine Chant (UK) & Laura Dyas (UK)
音乐: Anything Is Possible - Will Young



RIGHT ROCK, CROSS SHUFFLE, LEFT ROCK ¼ TURN RIGHT, LEFT SHUFFLE

1-2 Rock right to right side, recover onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right turning ¼ right
7&8 Step forward left, step right beside left, step forward left

RIGHT MAMBO, LEFT MAMBO, RIGHT SIDE, TOUCH, LEFT SIDE, TOUCH

9&10 Rock forward on right, rock onto left in place, step right beside left
11&12 Rock back on left, rock onto right in place, step left beside right
13-14 Step right to right side, touch left beside right, (optional finger snaps)
15-16 Step left to left side, touch right beside left, (optional finger snaps)

FULL ROLLING TURN RIGHT, SHUFFLE RIGHT, CROSS SHUFFLE, LEFT SHUFFLE

17 Step right a ¼ turn right
18 On ball of right make a ½ turn right, stepping back left
19&20 Turning ¼ right step right to right side, close left beside right, step right to right side
21-22 Cross rock left over right, rock back onto right
23&24 Step left to left side, close right beside left, step left to left side

CROSS, UNWIND ¾ TURN LEFT, RIGHT SHUFFLE, FORWARD ROCK, COASTER STEP

25-26 Cross right over left, unwind ¾ turn left (weight ends on left)
27&28 Step forward right, step left beside right, step forward right
29-30 Rock forward on left, rock back on right
31&32 Step back left, step right beside left, step forward left

ROCK STEP, BEHIND & CROSS TWICE

33-34 Rock right to right side, recover on left
35&36 Cross right behind left, step left to left side, cross right over left
37-38 Rock left to left side, recover on right
39&40 Cross left behind right, step right to right side, cross left over right

PIVOT ½ TURN TWICE, SLOW JAZZ BOX

41-42 Step forward right, pivot ½ turn left
43-44 Step forward right, pivot ½ turn left
45-46 Cross right over left, step back on left
47-48 Step right to right side, step left beside right

REPEAT

TAG

On the 4th wall, replace steps 41-48 with tag, and then start dance again, The tag is only required if using the song "Anything Is Possible"

PADDLE ½ TURN LEFT, PIVOT ½ TURN

41-42 Step forward on right, turn ¼ to left (weight ends on left)
43-44 Step forward on right, turn ¼ to left (weight ends on left)
45-46 Step forward right, pivot ½ turn

