

Fly To You

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 0 级数:
编舞者: Cinta Larrotcha (ES)
音乐: If My Heart Had Wings - Faith Hill



Sequence: AABC, ABCC, BC

PART A

RIGHT KICK-BALL CHANGE, FORWARD RIGHT TOUCH LEFT, LEFT MONTEREY (WEIGHT LEFT)

1&2 Kick right forward, step right down, step left beside right
3-4 Step forward right, touch left beside right
5-6 Touch left toe to left side, step onto left while making ½ turn left
7-8 Touch right toe to right side, touch right beside left

RIGHT KICK-BALL CHANGE, FORWARD RIGHT TOUCH LEFT, ¼ LEFT MONTEREY (WEIGHT LEFT)

1&2 Kick right forward, step right down, step left beside right
3-4 Step forward right, touch left beside right
5-6 Touch left toe to side making ¼ turn left, step onto left
7-8 Touch right toe to side, touch right toe beside left

RIGHT SAILOR STEP, CROSS LEFT BEHIND, UNWIND ½ TURN TO LEFT, SHUFFLE FORWARD RIGHT, ½ TURN RIGHT (WEIGHT RIGHT)

1&2 Cross right behind left, step left to left side, replace weight on right
3-4 Cross left behind right, unwind ½ turn left, taking weight onto left
5&6 Step forward right, close left foot behind, step forward right
7-8 Step forward left, make ½ turn right stepping onto right

LEFT SHUFFLE FORWARD, CROSS RIGHT BEHIND, UNWIND ½ RIGHT, SHUFFLE TO RIGHT, CROSS LEFT BEHIND, UNWIND ¾ LEFT (WEIGHT LEFT)

1&2 Step forward left, close right behind left, step forward left
3-4 Cross right behind left, unwind ½ turn right, taking weight onto left
5&6 Step right to right side, close left beside right, step right to right side
7-8 Cross left behind right, unwind ¾ turn to left, taking weight onto left

PART B

RIGHT SHUFFLE FORWARD, ½ PIVOT TURN RIGHT, LEFT SHUFFLE FORWARD, ¼ TURN LEFT (WEIGHT LEFT)

1&2 Step forward right, close left behind right, step forward right
3-4 Step forward left, ½ turn right, stepping forward right
5&6 Step forward left, close right behind left, step forward left
7-8 Step forward right, ¼ turn left stepping on left

RIGHT COASTER BACK, FORWARD ON LEFT, ½ PIVOT TURN RIGHT, LEFT ROCKING CHAIR (WEIGHT RIGHT)

1&2 Step back right, step together left, step forward right
3-4 Step forward left, ½ turn right stepping onto right
5-8 Step forward left, rock back right, step back left, and rock forward right

LEFT ¼ TURN, LEFT SHUFFLE FORWARD, ½ PIVOT TURN LEFT (WEIGHT LEFT)

1&2 Turn ¼ left stepping onto left, close right behind left, step forward left
3-4 Step forward right, ½ turn left, stepping onto left

PART C

WALK FORWARD RIGHT-LEFT, RIGHT SHUFFLE FORWARD, ½ TURN RIGHT, SHUFFLE BACK ON LEFT, RIGHT COASTER BACK (WEIGHT RIGHT)

- 1-2 Walk forward right, walk forward left
- 3&4 Step forward right, close left behind right, step forward right
- 5&6 Making ½ turn right, step back left, close right in front of left, step back left
- 7&8 Step back right, step together left, forward right

TURNING TO THE LEFT! - LEFT, ½ RIGHT, ½ LEFT, ½ RIGHT, LEFT SAILOR, RIGHT SAILOR (WEIGHT RIGHT)

- 1-2 Step forward left, step back right turning ½ left
- 3-4 Turning ½ left, step forward left turning ½ left, step back right
- 5&6 Cross left behind right, step right to right side, step left to left side
- 7&8 Cross right behind left, step left to left side, step right to right side

LEFT HEEL JACK, RIGHT HEEL JACK, RIGHT SHUFFLE FORWARD, FORWARD LEFT, ½ PIVOT TURN RIGHT (WEIGHT RIGHT)

- &1&2 Jump back left touching right heel forward 45o, step back right, touch left together
- &3&4 Jump back right touching left heel forward 45o, step back left, touch right together
- 5&6 Forward right, close left behind right, step forward right
- 7-8 Step forward left, ½ turn right step forward right

LEFT ROCKING CHAIR, LEFT ¼ TURN SASHAY TO RIGHT, ¼ TURN LEFT - BACK ON RIGHT ¼ TURN LEFT - FORWARD ON LEFT (WEIGHT LEFT)

- 1-4 Step forward left, rock back right, step back left, rock forward right
- 5&6 Make ¼ turn left, cross left over right, step right to right side, cross left over right
- 7-8 Make ¼ turn left, stepping back right, make ¼ turn left stepping left to left side

SHUFFLE TO RIGHT SIDE, ROCK BACK ON LEFT, ROCK FORWARD ON RIGHT, ¼ TURN LEFT, LEFT SHUFFLE FORWARD, STEP BACK RIGHT, TOUCH LEFT TOGETHER (WEIGHT RIGHT)

- 1&2 Step right to right side, left together, right to right side
- 3-4 Rock back left, forward right
- 5&6 Make ¼ turn left, stepping forward left, close right behind left, step forward left
- 7-8 Step back right, touch left together

LEFT HEEL JACK, RIGHT HEEL JACK, RIGHT ROCKING CHAIR (WEIGHT LEFT)

- &1&2 Jump back on left, touch right heel 45o, step back right, touch left together
- &3&4 Jump back on right, touch left heel 45o, step back left, touch right together
- 5-8 Step forward right, rock back left, step back right, rock forward left

Final part C is actually repeated 3 times with the following variations -- first 32 counts only then restart and dance Part C in its entirety.

To continue the dance in the 2-wall format, it is necessary to modify count 32 here. Instead of making the ¼ turn here, simply step forward LEFT. The third time, only the first 12 counts are danced to finish the dance. The music is very clear as to when each new part begins- Part A is the verses; Part B is the interludes and Part C the chorus and instrumental interlude.
