

Flip, Flop, Fly

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK)
音乐: Flip Flop and Fly - Ellis Hall



STOMP RIGHT, STOMP LEFT, JUMP IN, OUT, IN WITH RIGHT HITCH

- 1-2 Stomp right out to right side, flicking right hand out at shoulder height, with elbow bent, to right side, pause
3-4 Stomp left out to left side, flicking left hand out at shoulder height, with elbow bent, to left side, pause
5-6 Jump both feet in and both feet out
7-8 Jump in with left and hitch in right, pause

CROSS, STEP BACK, ½ TURN, STEP FORWARD, CLICKS

- 9-10 Cross right over left and click
11-12 Step back on left, click
13-14 ½ turn right stepping on right, click
15-16 Step forward on left, click

STEP, ½ TURN, 2 X ¼ TURNS, (ARMS - FLIP, FLOP, FLY)

- 17-18 Step forward on right, lifting arms up in the air, pause (flip)
19-20 ½ pivot turn to left, flicking arms down to the ground (flop)
21-22 Step forward on right, ¼ turn to left, shimming hands at shoulder height (fly)
23-24 Step forward on right, ¼ turn to left, shimming hands at shoulder height (fly)

STEP FORWARD, PAUSE, KICK LEFT, PAUSE, STEP BACK, PAUSE, BALL CHANGE

- 25-26 Step forward on right, pause
27-28 Kick left forward, pause
29-30 Step back on left, pause
31-32 Step back on ball of right, replace weight forward on left

FULL TURN RIGHT, STEP SIDE CROSS SIDE

- 33-34 ¼ turn to right, pause
35-36 ¾ turn to right, stepping on left, pause (i.e. full turn round to right - moving to the right side)
37-38 Step right to right side, cross left over right
39-40 Step right to right side, pause

LEFT SAILOR, DRAG, SKATE, PAUSE, SKATE, PAUSE

- 41-44 Step left behind right, step right to right side, step left wide to left side, drag right to meet left, pause
45-46 Skate right, pause
47-48 Skate left, pause

REPEAT

TAG

After wall number 5, facing back wall, instead of 2 skate steps, add another four to make 6. Begin wall number 6 straight after.