

Flip Flop

拍数: 40 墙数: 4 级数: Beginner
编舞者: Taylor Casey (USA)
音乐: Evangeline - Chad Brock



RIGHT KICK BALL CHANGE, ½ TURN LEFT, JAZZ SQUARE

- 1 Kick right forward,
- & Step on ball of right
- 2 Transfer weight to left
- 3 Step forward on right
- 4 ½ turn left (weight on left)
- 5 Step right over left
- 6 Step left foot back
- 7 Step right foot to right side
- 8 Step left forward (left foot should be a full step ahead of right)

LEFT VINE, ¼ TURN LEFT, ½ TURN LEFT, SHUFFLE FORWARD

- 9 Step right foot behind left
- 10 Step left foot to left turning ¼ turn left (9:00)
- 11 Step forward on right (still facing 9:00)
- 12 ½ turn left with weight on left (now facing 3:00)
- 13&14 Shuffle forward right, left, right
- 15&16 Shuffle forward left, right, left

HEEL TOE STRUTS WITH ROCK STEPS, REPEAT

- 17-18 Step forward diagonally with right foot (about 1:30) (right heel down then right toe down)
- 19 Step left foot behind right (weight on left)
- 20 Rock forward back onto right
- 21-22 Step left forward diagonally (10:30) (left heel down then left toe down)
- 23 Step right foot behind left, weight on right
- 24 Rock forward onto left
- 25-26 Step forward diagonally with right foot (about 1:30) (right heel down then right toe down)
- 27 Step left foot behind right (weight on left)
- 28 Rock forward back onto right
- 29-30 Step left forward diagonally (10:30) (left heel down then left toe down)
- 31 Step right foot behind left, weight on right
- 32 Rock forward onto left

KICK FORWARD, KICK OUT, SAILOR SHUFFLE TWICE

- 33 Kick right foot forward
- 34 Kick right to right side
- 35 Step right behind left
- & Step left next to right
- 36 Step right back in middle
- 37 Kick left foot forward
- 38 Kick left to left side
- 39 Step left foot behind right
- & Step right next to left
- 40 Step left back in middle

REPEAT

