

The Flight Of The Hawk

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: The Spirit of the Hawk - Rednex



BACK, GRAPEVINE, HEEL TOUCH, SIDE, CROSS, HOLD, CROSS SHUFFLE

& Step back on left foot
1-2-3 Step right to right side; cross left behind right; step right to right side
4 Touch left heel forward and slightly to left
&5 Step left to left side; cross right in front of left
6 Hold
&7&8 Step left to left side; cross right in front of left; step left to left side; cross right in front of left

HEEL SWITCHES, SIDE TOE TOUCHES, STEP FORWARD, HOLD, SHUFFLE FORWARD

&1&2 Step left next to right; touch right heel forward; step right next to left; touch left heel forward
&3&4& Step left next to right; touch right toe to right side; step right next to left; touch left toe to left side; step left next to right
5-6 Step forward on right; hold
7&8 Step forward on left; close right up to left; step forward on left

VAUDEVILLE STEPS, ½ TURN RIGHT WITH BODY ROLL, SIDE SHUFFLE ¼ TURN RIGHT

&1&2 Step right foot back; touch left heel forward; step left foot back; cross step right foot over left
&3&4 Step left foot back; touch right heel forward; step right foot back; cross step left foot over right
5-6 Keeping weight on left leg rotate hips to the left (body roll) and turn ½ turn right on balls of the feet, at the end right touch slightly forward
7&8 Step right to right side; step left next to right; turn ¼ right step forward on right

PIVOT ½ TURN RIGHT, SHUFFLE FORWARD, SYNCOPATED OUT-OUT IN-IN STEPS WITH HOLDS AND CLAPS

1-2 Step forward on left; pivot ½ turn right
3&4 Step forward on left; close right up to left; step forward on left
&5 Step right slightly to right side; step left slightly to left side; (now feet shoulder apart)
6 Hold and clap hands
&7 Step right back to center; step left next to right
8 Hold and clap hands

REPEAT

TAG

At the 3rd and 7th time change the last 4 counts with following 4 counts:

OUT-OUT STEPS WITH HOLDS AND ARM MOTION

5 Step right slightly to right
Bend right arm at elbow, with stretched showing and middle finger touch on left shoulder (Red Indian greeting)
6 Hold (keeping weight on right)
Stretch the right arm, with stretched showing and middle finger, to the front out (Red Indian greeting)
7-8 Hold (keeping weight on right)
Close arms in front of chest, right arm over left arm (Red Indian greeting), stretch the arms down at the end