

The Flick!

拍数: 32 墙数: 0 级数:
编舞者: Stephen Sunter (UK)
音乐: Half A Man - Shannon Brown



STEP, TOGETHER, TWIST, TWIST, STEP, TOGETHER, TWIST, TWIST

- 1-2 Step right forward, step left next to right
- 3&4 Twist heels right, twist heels left, twist heels back to center
- 5-6 Step right forward, step left next to right
- 7&8 Twist heels right, twist heels left, twist heels back to center

MONTEREY TURN, SIDE SHUFFLE, CROSS ROCK

- 1-2 Point right to side, ½ turn right stepping right next to left
- 3-4 Point left to side, touch left next to right
- 5&6 Side shuffle left (left, right, left)
- 7-8 Cross rock right over left, replace weight to left

SIDE SHUFFLE, BEHIND, UNWIND ½, CROSS SHUFFLE, SIDE ROCK, ¼ TURN BACK

- 1&2 Side shuffle right (right, left, right)
- 3-4 Step left behind right, unwind ½ turn left
- 5&6 Cross right over left, step left to left, cross right over left
- 7-8 Rock to left side, replace weight to right making ¼ left

BACK SHUFFLE, BACK ROCK, STEP, HEAD FLICK, WIGGLE

- 1&2 Back shuffle left (left, right, left)
 - 3-4 Step back right, stomp left forward
- On the stomp, left knee should be bent and right leg straight. Lean forward with left shoulder over left knee. Place left hand on left thigh, head up looking forward**
- &5 Nod head forward, lift head up to look forward
 - 6&7&8 Bump hips while straightening up (right, left, right, left, right)
 - & Step left next to right

If you don't want to do the head flick, replace counts 5& with hip bumps

REPEAT

TAG

When danced to "When You Say Nothing At All (Dance Mix)" by Chekmate, start after 32 count. Then you must drop two counts at the end of walls 4, 8, and 11.
