

Flick It!

拍数: 32 墙数: 2 级数: Beginner line/contra dance
编舞者: Kim Danek (USA)
音乐: Break My Heart Again - Montgomery Gentry



FLICK, TOE TOUCH, HOOK, TOE TOUCH, VINE RIGHT, TOE TOUCH

- 1-2 Flick right heel to right back diagonal, touch right toe next to left toe
- 3-4 Hook right heel across left, touch right toe next to left toe
- 5-6 Step right to right side, cross left behind right
- 7-8 Step right to right side, touch left next to right

FLICK, TOE TOUCH, HOOK, TOE TOUCH, VINE LEFT, TOE TOUCH

- 1-2 Flick left heel to left back diagonal, touch left toe next to right toe
- 3-4 Hook left heel across right, touch left toe next to right toe
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, touch right next to left

HEEL STRUT 2X, STOMP 2X, SLAP, CLAP

- 1-2 Place right heel forward, slap right toe down (taking weight)
- 3-4 Place left heel forward, slap left toe down (taking weight)
- 5-6 Stomp right, stomp left
- 7-8 Slap hands on thighs, clap hands - if dancing contra, clap hands with the 2 people opposite you

HEEL STRUT 2X, WALK 2X, STEP FORWARD, ½ TURN LEFT

- 1-2 Place right heel forward, slap right toe down (taking weight)
- 3-4 Place left heel forward, slap left toe down (taking weight)
- 5-6 Step right forward, step left forward
- 7-8 Step right forward, pivot ½ turn left on ball of right (weight ending on left)

REPEAT
