

Flaming Feet

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Charlie Bowring (UK)
音乐: Celtic Fire - Ronan Hardiman



FORWARD MASHED POTATO STEP, STEP ½ TURN STEP ¼ TURN

& Split heels
1 Slide right foot forward closing heels
& Split heels
2 Slide left foot forward closing heels
&3&4 Repeat counts &1&2
5 Step right foot forward
6 Pivot ½ turn left
7 Step right foot forward
8 Pivot ¼ turn left

SWAYS & SIDE SHUFFLES

& Hitch right across left
9 Step right to right, swaying hips right
10 Sway hips left
11&12 Shuffle to right side (right-left-right)
&13-16 Mirror with left

RIGHT & LEFT SAILOR STEP, CROSS UNWIND ½ TURN STEP ¼ TURN

17&18 Right sailor step
19&20 Left sailor step
21 Cross right behind left
22 Unwind ½ turn right
23 Step left foot forward
24 Pivot ¼ turn right (ending with weight on right)

MAMBO & TRAVELING APPLEJACK LEFT

25 Rock forward on to left
& Recover on to right
26 Rock back on to left
27 Rock back on to right
& Recover on to left
28 Stomp right foot place
29 With weight on left heel, and right toes . Move unweighted toe and heel to left
30 Transfer weight on to left toes, and right heel. Move unweighted toe and heel to left
31 Transfer weight on to left heel, and right toes. Move unweighted toe and heel to left
& Transfer weight on to left toes, and right heel. Move unweighted toe and heel to left
32 Transfer weight on to left heel, and right toes. Move unweighted toe and heel to left (weight now on left)

RIGHT VINE, SHUFFLE, SWITCHES & DOUBLE TIME CROSS

33 Step right to right side (stepping off on heel of foot)
34 Cross left behind right
35&36 Shuffle to right side (right-left-right)
37 Touch left heel forward
& Step left foot in place

38 Touch right heel forward
& Step right foot in place
39 Touch left heel forward
& Hook right foot over left shin
40 Touch left heel forward
& Hook right foot over left shin
41-48& Mirror counts 33 - 40& starting with left

RIGHT GRIND ½ TURN, COASTER STEP. LEFT GRIND ¼ TURN, COASTER STEP

49 Step right heel forward turning toes in
50 Grind heel ¼ right, stepping back on left foot
51&52 Right coaster step
53 Step left heel forward turning toes in
54 Grind heel ½ left, stepping back on right foot
55&56 Left coaster step

REPEAT
