

Five Minutes

COPPER KNOB
BY STEPHEN BATES

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Lorraine Turner (AUS)
音乐: Five Minutes - Lorrie Morgan



WEAVE RIGHT, CROSS ROCK

1-2-3-4 Step left behind right, step right to right side, step left over right, step right to right side
5-6-7-8 Step left behind right, step right to right side, step left over right, rock back on right in place

WEAVE LEFT, ½ TURN, STEP FORWARD

1-2-3-4 Step left to left side (and slightly back), step right over left, step left to left side, step right behind left
5-6-7-8 Step left to left side, step right over left, step left to left side turning ½ turn right on ball of left, step forward right

SHUFFLE FORWARD, ROCK STEP, ½ TURN, ½ TURN, ½ TURN, STOMP

1&2-3-4 Shuffle forward stepping left-right-left, rock forward right, rock back on left in place
5-6 Turning ½ turn right on ball of left step forward right, turning ½ right on ball of right, step back on left
7-8 Turning ½ turn right on ball of left step forward right, stomp left beside right

LARGE SIDE STEP, TOGETHER, SIDE SHUFFLE, CROSS UNWIND ½ TURN, CROSS SHUFFLE

1-2-3&4 Large step right to right side, step left beside right, side shuffle right stepping right-left-right
5-6-7&8 Cross right over left, unwind ½ turn right (weight on right), cross shuffle stepping left-right-left

LARGE SIDE STEP, TOGETHER, SIDE SHUFFLE, CROSS UNWIND ½ TURN, HEEL SWITCHES

1-2-3&4 Large step right to right side, step left beside right, side shuffle right stepping right-left-right
5-6- Cross right over left, unwind ½ turn right (weight on right)
7&8& Touch left heel forward, step left beside right, touch right heel forward, step right beside left

HEEL, HOLD, & ROCK RETURN, ½ TURN SHUFFLE, ROCK STEP, ¼ TURN

1-2& Touch left heel forward, hold, step left beside right
3-4-5&6 Rock forward right, step back on left turning ½ turn right on ball of left, shuffle forward stepping right-left-right
7-8 Rock forward left, step back on right turning ¼ turn left on ball of right

SIDE SHUFFLE, TOE TOUCHES RIGHT, LEFT, SIDE, SIDE, TOUCH HEEL FORWARD, & TOE BACK

1&2 Side shuffle left stepping left-right-left
3&4& Touch right toe forward, step right beside left, touch left toe forward, step left beside right
5&6& Touch right toe to right side, step right beside left, touch left toe to left side, step left beside right
7&8 Touch right heel forward, step right beside left, touch left toe back

SHUFFLE FORWARD LEFT, RIGHT, LEFT, STOMP, HOLD

1&2-3&4 Shuffle forward stepping left-right-left, shuffle forward stepping right-left-right
5&6-7-8 Shuffle forward stepping left-right-left, stomp right beside left (weight on right), hold

REPEAT

FINISH

You will be facing the back wall - drop the last shuffle i.e

1&2-3&4 Shuffle forward stepping left-right-left, shuffle forward stepping right-left-right

1-2-3-4

Cross step left over right, unwind $\frac{1}{2}$ turn right (weight on left), stomp right beside left, hold
