

# Five Minutes

COPPER KNOB  
BY STEPHEN

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Joe Green (UK)  
音乐: Five Minutes - Lorrie Morgan



## VINE TO LEFT WITH ¼ TURN LEFT AND SCUFF, RIGHT ROCK FORWARD, & LEFT ROCK FORWARD ¼ TURN LEFT

1-2            Step left foot to left side, cross step right foot behind left  
3-4            Turn ¼ left stepping left foot forward, scuff right foot forward  
5-6            Rock forward onto right foot, recover weight to left foot  
&7-8&        Step right together, rock forward onto left foot, turning ¼ left recover weight to right foot

## VINE TO LEFT WITH ¼ TURN LEFT AND SCUFF, RIGHT ROCK & LEFT ROCK FORWARD

1-2            Step left foot to left side, cross step right foot behind left  
3-4            Turn ¼ left stepping left foot forward, scuff right foot forward  
5-6            Rock forward onto right foot, recover weight to left foot  
&7-8&        Step right together, rock forward onto left foot, recover weight to right foot

## ROCK BACK ONTO LEFT FOOT, RECOVER LEFT SHUFFLE FORWARD, RIGHT ROCK FORWARD, RECOVER, ¾ TURN RIGHT (RIGHT-LEFT-RIGHT)

1-2            Rock back onto left foot, recover weight to right foot  
3&4            Step left foot forward, & right together, step left foot forward  
5-6            Rock forward onto right foot, recover weight to left foot  
7&8            ¾ turn right triple step (step right, left, right)

## (LEFT SIDE STEP, KICK RIGHT FOOT FORWARD, RIGHT SIDE STEP, KICK LEFT FOOT FORWARD,) TWICE

1-2            Step left foot to left side, kick right foot forward  
3--4            Step right foot to right side, kick left foot forward  
5-6            Step left foot to left side, kick right foot forward  
7-8            Step right foot to right side, kick left foot forward

## LEFT OVER JAZZ BOX WITH ¼ TURN LEFT, LEFT OVER JAZZ BOX, ¼ TURN LEFT WITH RIGHT TOUCH TOGETHER

1-2            Cross step left over right, step back onto right foot  
3-4            Turn ¼ left stepping left foot forward, step right together  
5-6            Cross step left over right, step back onto right foot  
7-8            Turn ¼ left stepping left foot forward, touch right toe beside left

## SYNCOPATED VINE RIGHT WITH RIGHT POINT, STEP RIGHT, POINT LEFT, STEP LEFT, POINT RIGHT

1-2            Step right foot to right side, cross step left foot behind right  
&3-4&        Step right foot to right side, cross step left over right, point right toe to right side  
5-6            Step right foot forward, point left toe to left side  
7-8            Step left foot forward, point right toe to right side

## RIGHT AND LEFT LOCK SHUFFLE BACK, POINT RIGHT TOE BACK, PIVOT ½ TURN RIGHT, LEFT KICK BALL CHANGE

1&-2          Step right foot back, & step left to lock together, step right foot back  
3&-4          Step left foot back, & step right to lock together, step left foot back  
5-6            Point right toe back, pivot ½ turn right (weight to right foot)  
7&8          Kick left foot forward, & step on ball of left foot together, step on right foot together

**LEFT CROSS OVER SHUFFLE, TWO ¼ TURNS LEFT, HIP BUMPS RIGHT-LEFT-RIGHT, HIP SWAY LEFT RIGHT**

- 1&2            Cross step left foot over right, & step right to right side, cross step left foot over right
- 3-4            Turn ¼ left stepping back on to right foot, turn ¼ left stepping left to left side
- 5&6            Bump hips to right, & left, right
- 7-8            Sway hips to left then to right (weight to right foot)

**REPEAT**

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