

First Waltz

拍数: 24 墙数: 4 级数: Beginner
编舞者: Dee Musk (UK)
音乐: Rock & Roll Waltz - Scooter Lee



LEFT SIDE DRAG, RIGHT SIDE DRAG

1-2-3 Step left to left side, slide right towards left on counts 2-3
4-5-6 Step right to right side, slide left towards right on counts 5-6

BASIC FORWARD AND BACK TWINKLE STEPS

1-2-3 Step forward left. Step right beside left, step left in place
4-5-6 Step back on right. Step left beside right, step right in place

LEFT CROSSING TWINKLE, RIGHT CROSSING TWINKLE

1 Turning body slightly right, cross step left over right
2 Turning body slightly left, step right beside left
3 Step left in place
4 Turning body slightly left, cross step right over left
5 Turning body slightly right, step left beside right
6 Step right in place

LEFT CROSS WITH RIGHT SWEEP ¼ TURN LEFT, RIGHT CROSS, SIDE, BEHIND

1 Turning body slightly right, cross step left over right
2-3 Sweep right foot from back, around in an to the left motion, while turning a ¼ turn left, and touch beside left. (9:00)
4-5-6 Cross right over left, step left to left side, step right behind left

REPEAT
