

# First To Believe

**COPPER KNOB**  
STEPSHEETS

拍数: 36      墙数: 4      级数: Intermediate  
编舞者: Craig Cooke (UK)  
音乐: Be the First to Believe - A1



## ROCK, SHUFFLE AND SAILOR STEPS

1&2      Rock back onto right forward onto left  
3&4      Right shuffle forward  
5&6      Step right behind left, step left to left side and step right foot forward  
7&8      Step left behind right, steps right to right side and step left foot forward

## HEEL SWITCHES, ROCKS AND CLAPS

9&10      Place right heel forward and bring back into place while changing weight to right foot, place left heel forward and bring back to place  
11&12      Rock right to right side and touch besides left  
13&14      Left heel forward, right heel forward  
15&16      Rock left out to left side and bring back into place

## HEEL SWITCHES, ROCKS AND CLAPS

17&18      Place right heel forward and bring back into place while changing weight to right foot, place left heel forward and bring back to place  
19&20      Rock right to right side and touch besides left  
21&22      Left heel forward, right heel forward  
23&24      Rock left out to left side and bring back into place

## SNAKE ROLLS FORWARD, SNAKE ROLLS TO SIDE & ¼ TURN TO THE RIGHT

25-26      Snake roll forward  
27-28      Snake roll forward  
29-30      Snake roll to the left  
31-32      Snake roll to the right while making ¼ turn to the right side

**While doing snake rolls use head as a guide**

## STREET WISE RUNNING MAN STEPS

33      Jump feet diagonally apart. Right foot forward left foot back  
&      Jump feet together hitching left knee  
34      Jump feet diagonally apart left foot forward and right foot back  
&      Jump feet together hitching right knee  
35      Jump feet diagonally apart, right foot forward and left foot back  
&      Jump feet together (both feet on the floor)  
36      Jump feet diagonally apart, right foot forward and left foot back

**REPEAT**

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