First Time Feeling

拍数: 32

级数: Improver

编舞者: Willie Brown (SCO)

音乐: Fast Cars and Freedom - Rascal Flatts

SIDE, ROCK, RECOVER, ¼, STEP, ½, SIDE SHUFFLE

- 1 Step right to right side
- 2 Cross rock left over right
- 3 Recover weight back on right
- 4 Step left to left making ¼ turn left
- 5 Step forward on right
- 6 Pivot ¹/₂ turn left keeping weight on right bringing left in towards right
- 7&8 Left side shuffle

CROSS, SWEEP, FRONT, SIDE, BEHIND, SWEEP, BEHIND TURN STEP

- 9 Cross right over left
- 10 Sweep left to the right out to left and forward
- 11 Cross left over right
- 12 Step right to right side
- 13 Cross left behind right
- 14 Sweep right to the right out to right and back
- 15&16 Cross right behind left, step on left making ¼ turn left, step forward on right

STEP, KICK, BACK, TOUCH, STEP, LOCK, STEP LOCK STEP

- 17 Step forward on left
- 18 Kick right forward keeping it low with right toe pointed forward
- 19 Step back on right
- 20 Touch left toe beside right foot 'sitting' into right hip with left leg bent
- 21 Step forward left
- 22 Lock right behind left
- 23&24 Left lock step forward (left foot forward, lock right behind left, left foot forward)

POINT CROSS TWICE, ROCK, RECOVER, CROSS, ¼ TURN

- 25 Point right to right side
- 26 Cross right over left
- 27 Point left to left side
- 28 Cross left over right
- 29 Rock right to right side
- 30 Recover weight on left
- 31 Cross right over left
- 32 Making ¼ turn right step back on left

REPEAT

RESTART

When dancing to "Fast Cars And Freedom" by Rascal Flatts, on 3rd and 8th walls (back wall) you finish the dance on count 31, and not 32. Just touch your right beside left instead of crossing over so you're ready to start the next wall

TAG

When dancing to "Fast Cars And Freedom" by Rascal Flatts, after 4th and 9th walls, repeat the last 8 counts of the dance but don't turn on the final step. That is, each time you get to the back wall do the 31 count wall





墙数: 4