

The First One

COPPER KNOB
BYEBSHETS

拍数: 32 墙数: 2 级数: Intermediate/Advanced
编舞者: Pelle Carlsson (SWE) & Ime Rundquist
音乐: I Want to Be the First One - Darryl & Don Ellis



ROCK CROSS BEHIND TWICE, TURN ¼ RIGHT

1-2 Rock right to right, recover onto left
3&4 Cross right behind left, step left to left, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Cross left behind right, step right ¼ turns right, step left forward

FULL TURN TWICE LEFT, HEEL SWITCH, HOOK

1-2 Make ½ turn left stepping right back, make ½ turn left, stepping left forward
3-4 Make ½ turn left stepping right back, make ½ turn left, stepping left forward
5&6 Touch right heel forward, step right beside left, touch left heel forward, step left beside right
7-8 Touch right heel forward, hook right in front of left

Option: step 1-4 walk right left right left

VINE RIGHT BEHIND, BACK ROCK CHASSE LEFT

1-2-3&4 Step right to right side, cross left behind right, cross left over right, step right to right side
5-6 Rock left back, recover onto right
7&8 Step left to left side, close right beside left, step left to left side

SWINGS/SWEEPBACK ¼ RIGHT HOLD (WITH FINGER CLICKS) COASTER STEP SHUFFLE

1-2 Swing/sweep ¼ right out from front to back, hold and click fingers
3-4 Swing/sweep left out from front to back, hold and click fingers
5&6 Step back right, step left beside right, step forward right
7&8 Step forward left, close right beside left, step forward left

REPEAT
