First & Last Waltz (P)



编舞者: Ian Andrew

音乐: The Last Waltz - Rodney Crowell

Position: Sweetheart Position

BASIC TWINKLES MOVING FORWARD TO THE LEFT

Lady moves to the left of man in 6 counts

1-3 Basic waltz forward, lady moving in front of man4-6 Basic waltz forward, lady moves to the left of man

BASIC TWINKLES MOVING FORWARD TO THE RIGHT

Lady moves to the right of man in 6 counts

7-9 Basic waltz forward, lady moving in front of man
10-12 Basic waltz forward, lady moves to the right of man

BASIC WALTZ FORWARD & BACK

13-15 Step forward on left, right, left 16-18 Step back on right, left, right

WALTZ 1/2 TURN LEFT (RLOD) AND WALTZ BACK

Left hands over man's head

19-21 Waltz ½ turn left (RLOD)22-24 Step back on right, left, right

WALTZ ½ TURN LEFT (LOD) AND WALTZ BACK

Left hands over man's head

25-27 Waltz ½ turn left (LOD)28-30 Step back on right, left, right

WALTZ FORWARD TWICE

31-33 Step forward left, right, left 34-36 Step forward right, left, right

WALTZ FORWARD WITH 1/4 TURN LEFT FOR EACH 3 COUNTS, BACK TO LOD AFTER 12 COUNTS Right hands over lady's head

37-39 Waltz ¼ turn left (ILOD) 40-42 Waltz ¼ turn left (RLOD)

43-45 Waltz ¼ turn left (OLOD) 46-48 Waltz ¼ turn left (LOD)

WALTZ FORWARD, WALTZ BACK

49-51 Step forward on left, right, left 52-54 Step back on right, left, right

REPEAT