

# Fire & Ice

**COPPER KNOB**  
STEPSHETS

拍数: 24      墙数: 4      级数: Beginner  
编舞者: Lynne Flanders (USA)  
音乐: Fire and Ice - Lenny Paquette



## SLIDE RIGHT; SLIDE LEFT

- 1 Right step right
- 2 Left slide-step together
- 3 Right step right
- 4 Left stomp up
- 5 Left step left
- 6 Right slide-step together
- 7 Left step left
- 8 Right stomp up

## STOMP, HEEL TAPS TURNING ¼ LEFT

- 9 Right stomp forward with weight (bend knee)
- 10 Right lean forward & tap heel & turn slightly left
- 11 Right repeat #10
- 12 Right repeat # 10 finishing ¼ turn left

## FORWARD ON ANGLE LEFT & RIGHT

- 13 Left step forward diagonally
- 14 Right slide-step together
- 15 Left step forward diagonally
- 16 Right stomp beside (no weight)
- 17 Right step forward diagonally
- 18 Left slide-step together
- 19 Right step forward diagonally
- 20 Left stomp beside (no weight)

## 3 STEPS BACK, STOMP

- 21 Step left back
- 22 Step right back
- 23 Step left back
- 24 Right stomp beside (no weight)

## REPEAT

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