

Fire

拍数: 48 墙数: 4 级数: Improver
编舞者: Lucie Rankin (UK)
音乐: St. Elmo's Fire - John Parr



JUMP CROSS, FULL TURN AND CROSS STEPS

1-2 Jump feet apart, jump crossing the right over the left
3-4 Unwind a full turn to the left
5&6 Cross step left over right, bring right behind left, cross step left over right
&7&8 Bring right behind left, cross step left over right, bring right in behind left, cross left over right

RIGHT ROCK, ¼ TURN WITH SHUFFLE, WEAVE WITH ¼ TURN

1-2 Rock right to right side, step back on left turning ¼ to right
3&4 Step right to right side with a ¼ turn right, bring left beside right, step right to right side
5-6 Step left over right, step right to right side
7-8 Step left behind right, step forward on right turning ¼ to right

ROCK FORWARD, COASTER STEP, BACK SHUFFLE

1-2 Rock forward on left, back on right
3&4 Back on a left coaster step (left, right, left)
5-6 Rock forward on right, back on left
7&8 Shuffle back on right, left, right

HEEL SWITCHES, HEEL JACK, FULL TURN

1&2 Left heel forward, bring left to right, right heel forward
&3&4 Bring right to the left, left heel forward, bring left to the right, right heel forward
&5&6 Step back on right, cross left over right, step diagonally back on right, left heel forward
&7&8 Step back on left, cross right over left, unwind full turn to left

WALK BACK, COASTER, HIP BUMPS

1-2 Step back on left, step back on right
3&4 Back on a left coaster step
5&6 Bump hips forward, back, forward
7&8 Bump hips forward, back, forward

FORWARD ROCK, ½ TURN, FORWARD ROCK, ½ TURN

1-2 Rock forward on right, back on left
3&4 Triple ½ turn, right, left, right
5-6 Rock forward on left, back on right
7&8 Triple ½ turn, left, right, left

REPEAT

RESTART

Restart dance again on wall 7 at step 24