

Fig Jam

拍数: 76 墙数: 4 级数:
编舞者: Leeanne Summersides (AUS)
音乐: Rockin' The Rock - Larry Stewart



- 1-4 Right heel, right cross, right heel flick & slap
5-8 Vine right turning ½ turn right
9-10 Touch left toe to side, together,
11-12 Turn ½ turn left, touch right toe to side, together.
13-16 Repeat previous 4 beats.
17-20 Left heel, left cross, left heel flick & slap
21-24 Vine left turning ½ turn left
25-26 Touch right toe to side, together,
27-28 Turn ½ turn right, touch left toe to side, together.
29-32 Repeat previous 4 beats.
33-36 Jump feet apart, jump feet across, jump feet apart, jump, right hitch & slap.
37&38 Right shuffle forward,
39-40 Step forward left & pivot ½ turn right.
41-44 Jump feet apart, jump feet across, jump feet apart, jump, left hitch & slap.
45&46 Left shuffle forward,
47-48 Step forward right & pivot ¼ turn left.
49-52 Step forward right & pivot ½ turn left, stomp right, clap.
53-56 4 Oklahoma kicks
57-60 Step left to left, slide right to left, step left to left, hitch right & clap.
61-64 Step right to right, slide left to right, step right to right, hitch left & clap.
65-68 Step back on left toes, drop heel & click fingers, step back on right toes, drop heel & click fingers.
69-72 Double hip bumps to front, double hip bumps to back.
73-76 Jump to left side, feet apart, push hips to left/right/double left.

REPEAT

OKLAHOMA KICKS

Start with your weight on your left with right knee pointed in and right foot level with knee.

- &1 Turn body 45 degrees right, make right knee into right hitch.
&2 Step down onto right foot, with left knee pointed in & left foot level with knee, turn body 45 degrees left, make left knee into left hitch.
&3 Step down onto left foot, with right knee pointed in & right foot level with knee, turn body 45 degrees right, make right knee into hitch.
&4 Step down onto right foot, with left knee pointed in & left foot level with knee, turn body 45 degrees left, make left knee into left hitch.